



**Living**  
the **Christian**  
**Life**

**by Dr. Mary Lou Canata**

# **LIVING THE CHRISTIAN LIFE**

## A Course For New Believers

Written by Dr. Mary Lou Canata

Illustrations by Eric Jansen

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## **WELCOME TO GOD'S FAMILY**

Isn't it a happy feeling to know that you now belong to God's big Christian family? You are a member of His family and you can always be a member when you believe in Jesus as your Savior, obey His Word and spend time getting to know Him better.



God's family is made up of boys and girls, teenagers and adults. We are brothers and sisters. God is our heavenly Father.

Asking God to forgive you for your wrongdoing means that your past sins are forgiven and forgotten. Forgiveness was and is possible because Jesus died on the Cross for you.

As a member of God's family and as a Christian, God expects you to live a life that pleases Him. With His help, you can live this life at home, at school, at church, at play —everywhere.

This book will help you to know just what God asks of you. Now that you are a member of His family, you will also learn the way you can please and serve Jesus Christ, your Savior and Friend. You will grow to be a strong Christian.

### **Learn this Bible verse:**

“And Jesus grew in wisdom and stature, and in favor with God and men.” Luke 2:52 (NIV)



I, \_\_\_\_\_ accepted the

Lord Jesus Christ as my own personal Savior

on \_\_\_\_\_ at

\_\_\_\_\_.

Name of person who prayed with me:

\_\_\_\_\_



### ***How to use this book...***

1. Use this book along with your Bible. Scriptures have been taken from the New International Version and the New King James Version Bibles.
2. Pray and ask God to help you do your best.
3. Take your time. Read each lesson first, then do the worksheets.
4. Read each question and write in the answer.
5. Learn and know the Bible verses given in each lesson.
6. When the book is completed, give it to your teacher. Your book will be returned to you.
7. Keep your book for future reading and review.
8. Share your completed book with friends.
9. Continue to read your Bible, pray and live for Jesus.



## **Lesson One**

### **I AM A CHRISTIAN—NOW WHAT?**

Some people are never sure if they are a Christian, but you can be sure. When you asked God to forgive you for your wrongdoing and told Jesus that you wanted Him to be your Savior, you became a born-again Christian which is the same as becoming a member of His family. God did these things because He promised He would. God cannot lie! Read about His promise (John 1:12).

Now that you belong to God's family, you will want to grow spiritually and become a strong Christian. This will happen if you learn from God's Word and do what God asks of you, His child.

God is not always pleased with what we do but He still loves us and will help us to do that which is right and pleasing to Him.

"Sin" is another word for disobedience. When we sin, we still belong to God's family because God is always ready to

forgive us when we ask for His forgiveness.

God tells us in the Bible what we should do to please Him. We are happy when we obey God, our heavenly Father.

Find the following Scriptures in your Bible and read them as you learn what God wants you to do as one of His children.

1. Show love to everyone, even your enemies. Matthew 5:54
2. Show kindness to everyone. Ephesians 4:32
3. Learn to forgive others. Luke 6:38
4. Help others. Isaiah 41:6
5. Do not steal. Exodus 20:15
6. Do not cheat. Hebrews 13:18
7. Do not lie. Proverbs 12:17
8. Obey your parents. Ephesians 6:1
9. Be careful in what you say and do. Luke 6:31

When you get to Heaven you will not have to try to be good. In Heaven, there is no temptation and there is no sin. Everything and everyone will be perfect. You will live with God and His family forever.

### **WHAT DID YOU LEARN FROM YOUR READING?**

- 1. How do you know for sure that you are a Christian?**

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**2. Copy the Bible verse found in 1 John 1:9.**

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**3. Put lines through the wrong word in each sentence:**

*Disobey, obey your parents.*

*Share with no one, others.*

*Show kindness to some, everyone.*

*Love, hate your enemies.*

**4. Circle the correct answer.**

*God gave the Bible for us to follow.*

Yes                  No

*Does God ask us to obey the Bible?*

Yes                  No

*Is God always pleased with what we do?*

Yes                  No

*Does God forgive us for our wrongdoing?*

Yes                  No

*Does God want to help us obey Him?*

Yes                  No

**5. Fill in your own name in the blank spaces.**

For God so loved \_\_\_\_\_ that He gave  
His one and only Son that (if) \_\_\_\_\_  
believes in Him, \_\_\_\_\_ shall not  
perish but have everlasting life. John 3:16 (NIV)

6. **Another word for sin is:** (underline the correct answers)

OBEY

DISOBEDIENCE

WRONGDOING

EVIL

7. **Is it possible to live a Christian life wherever you are?**

Yes

No

Maybe

Sometimes

8. **Who is JESUS?** Find the answer in 1 John 5:5.

\_\_\_\_\_

9. **Why did Jesus Christ die on the Cross?**

Read 1 Corinthians 15:3.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

10. **When you disobey God, what should you do?**

Read 1 John 1:9.

C \_\_\_\_\_ our sins and God will

F \_\_\_\_\_ us our sins.

11. **A Bible verse proves to us that we will have eternal life in Heaven. Can you fill in the missing words?** Read 1 John 5:13.

I write these things to \_\_\_\_\_ who believe  
in the name of the \_\_\_\_\_ of God so the  
\_\_\_\_\_ may know that \_\_\_\_\_  
have eternal life.

## 12. Underline the word "Christ" in the word Christian.

### Memorize these Bible verses.

"Yet to all who received Him, to those who believed in His name, He gave the right to become children of God." John 1:9 (NIV)

"For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life." John 3:16 (NIV)

"For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures." 1 Corinthians 15:3 (NIV)

You have received Jesus as your own personal Savior and believe that Jesus is the Son of God, so you are one of His children.



## Lesson Two

# LIVING FOR JESUS

There is only one way to live and really be happy, and that is by living for Jesus.

In the Bible, we find that there are rules for us to live by in order to become all that God has planned for us. Here are some rules that have been given to us by God so our lives can be peaceful and happy.



God never asks us to do something without promising His help. When you do make a mistake or break one of His rules, it is important to tell God you are sorry. God is always waiting to forgive you.

God still loves you even when you make mistakes, but He does not like what we sometimes do. You still belong to God.

People are watching you. Did you know this? When you are not sure if something is right or wrong, ask yourself these questions:

*Do I do and say things that please God?*

*Do I try to think and talk like Jesus?*

*Do I treat others like I want to be treated?*

*Do I show kindness and love to others?*

*Am I ready to be helpful?*

There will be times when Satan will tempt you to do wrong. When this happens to you, talk to God and ask Him for His help. Remember, it is not a sin to be tempted but it is a sin to give into temptation and do wrong.

The Devil is your enemy. He is very clever. He likes to trick you into doing wrong things. God is stronger than Satan. God will help you in times of trouble. Read 1 John 4:4.

## **WHAT DID YOU LEARN FROM YOUR READING?**

### **1. List five of the rules that we should live by.**

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2. **What will God do for us when we tell Him we are sorry for our sins?** Read 1 John 1:9.

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3. **Circle "yes" or "no" for each sentence.**

People watch what we do.      YES      NO

People listen to what we say.      YES      NO

God wants me to be kind.      YES      NO

4. **Put an X beside each true sentence.**

\_\_\_\_\_ I should talk to God in prayer every day.

\_\_\_\_\_ I should do something good once a week only.

\_\_\_\_\_ I should obey God's Word when I feel like it.

5. **Who is it that tries to make us do wrong?**

GOD

SATAN

JESUS

6. **True or False** Circle the correct answer.

God will be my help in time in time of trouble.

TRUE

FALSE

The devil does try to tempt me to do wrong.

TRUE

FALSE

To be tempted is to sin.

TRUE

FALSE

7. **Who is STRONGER and GREATER than Satan?**

— — —

8. **Can God tempt us?** Read James 1:13.

\_\_\_\_\_ Yes      \_\_\_\_\_ No

9. **Read and learn this Bible verse.**

“By this ALL will know that you are My disciples, if you have love for one another.” John 13:35 (NIV)

10. **Copy the verse found in Matthew 28:20 which is God’s promise to all of us.**

“Lo I am with you always, even to the end of the age.  
Matthew 28:20 (b) (NIV)

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### **Lesson Three**

## **READING YOUR BIBLE**

Just as you need to eat good food each day in order to grow physically, you also need to read the Bible if you are to grow spiritually.

The Bible is God's message to people living on Earth. It is for people of all ages. It is one big book but contains a total of 66 books; 39 in the Old Testament and 27 in the New Testament.

Everyday Bible reading will help you...

- learn about Jesus, God's Son.
- know what God expects of you.
- when you are lonely or sad.
- when you need God's help in making decisions.
- grow as a Christian.

Read your Bible EVERY DAY. You can also learn by reading commentaries, concordances or Bible dictionaries.

Read your Bible WHEREVER you are; at home, on vacation, at church, in Sunday school, in your own room, outdoors, anywhere, anytime.



Read your Bible CAREFULLY. When you do not understand what you read, ask God to help you understand. You can also talk to your Sunday school teacher or pastor about things you don't understand.

Read your Bible QUIETLY or OUT LOUD. Think about what God has said to you through His Word, the Bible.

Read your Bible by YOURSELF or with OTHERS.

### **WHERE SHOULD YOU BEGIN READING?**

You have a choice. You can start at the very beginning reading the book of Genesis or start with the New Testament. The book of Luke in the New Testament is a good starting point.

### **WHAT DID YOU LEARN FROM YOUR READING?**

- 1. Unscramble these words that show what you should do now that you are a Christian.**

eard

het

Bebli

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- 2. List two things Bible reading will do for you.**

\_\_\_\_\_  
\_\_\_\_\_

- 3. Put an X in front of the true sentences.**

\_\_\_\_\_ I should read my Bible every day.

\_\_\_\_\_ I can only read my Bible in church.

\_\_\_\_\_ The Bible is God's Word.

4. Who can help me understand what I read in the Bible?

\_\_\_\_\_

5. Read Psalm 119:105. What is God's Word to you?

A \_\_\_\_\_ unto my feet and a \_\_\_\_\_ unto my path.

6. Write and learn these verses by memory:

"Heaven and Earth will pass away, but my words shall never pass away." Matthew 24:35 (NIV)

\_\_\_\_\_  
\_\_\_\_\_

"I have hidden your word in my heart that I might not sin against you." Psalm 119:11 (NIV)

\_\_\_\_\_  
\_\_\_\_\_

"Your word is a lamp unto my feet and a light for my path." Psalm 119:105 (NIV)

\_\_\_\_\_  
\_\_\_\_\_

7. In my home you would find \_\_\_\_\_ Bibles.

8. Write a note to God about the Bible and what it means to you.

9. My favorite Bible verse is:

\_\_\_\_\_ : \_\_\_\_\_





## **Lesson Four**

### **TALKING TO GOD AND JESUS**

Talking to God, your Heavenly Father, is called “prayer.” You will want to talk to God regularly as the Bible tells you in 1 Thessalonians 5:17, “Pray without ceasing.” We can pray anytime and anywhere.

God is always ready to hear our prayers whether they are aloud or in a soft whisper. God never sleeps so you can talk to Him at any time, day or night. He is NEVER too busy.

*Here are some suggested times to pray:*

Before you start a new day—ask Him to help you.

Before meals—thank Him for the food.

When you are afraid—ask for courage.

When you are lonely or sad—ask Him to help you be happy.

When you are in need—ask and believe He can meet your need.

When you have sinned—ask Him to forgive you.

When you are sick—ask Him for healing.

When you need help—ask him to help you.  
Before bedtime—ask Him for protection.

*Here are some things to remember when you pray:*

- Thank Him for something special He has done for you.
- Remember your family, friends, church, pastors and missionaries.
- Tell God about your problems and needs.
- At the close of your prayer, say these words, “In Jesus’ name.” (See John 14:13,14.)

Jesus taught His disciples how to pray. In Matthew chapter 6:9-13, He gives an example of a model prayer—



*Our Father in Heaven, hallowed be Your name.  
Your kingdom come. Your will be done on  
Earth as it is in Heaven. Give us this day our  
daily bread. And forgive us our debts, as we  
forgive our debtors. And do not lead us into  
temptation, but deliver us from the evil one.  
For Yours is the kingdom and the power and  
the glory forever. Amen. (NKJV)*

Sometimes you will pray with other people but it is important that you have your own private time with God. Talk to Him just like you would talk to a friend beside you. This is prayer.

You can pray in your own room, in the car, at school, at church, anywhere. Sometimes you can kneel while at other times you can just close your eyes. In church, you may stand or gather in a circle to hold hands and pray.

Remember, God does answer prayer. Sometimes, His answer is "Yes," sometimes it is "No" and sometimes His answer is "Wait." He will always keep His promises, you can be sure of this. In Romans 4:21, we read these words: "being fully persuaded that God had power to do what He had promised."

The Bible tells us to pray for one another and to pray for those who may mistreat us.

James 5:16 "...pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."

Matthew 5:44 "...love your enemies and pray for those who persecute you."

## **WHAT DID YOU LEARN FROM YOUR READING?**

**1. What is "talking to God"? Put an X before the right answer.**

\_\_\_\_\_ Singing

\_\_\_\_\_ Praying

\_\_\_\_\_ Reading

**2. What does 1 Peter 3:12 say about our prayers?**

His eyes \_\_\_\_\_

His ears \_\_\_\_\_

**3. When can you talk to God?**

\_\_\_\_\_

**4. Where can you talk to God?**

---

**5. Put a "T" before the true sentences.**

- \_\_\_\_\_ I can talk to God anytime, any place.
- \_\_\_\_\_ God is sometimes too busy to hear me pray.
- \_\_\_\_\_ I should not pray with others.
- \_\_\_\_\_ Confession is admitting to God my wrongdoing.
- \_\_\_\_\_ I should pray for others.
- \_\_\_\_\_ Praying every day is a good habit.

**6. Read aloud and then memorize the "Lord's Prayer" found in Matthew 6:9.**

**7. Circle the correct answer.**

I should always kneel when I pray.

YES                      NO

Praying is talking with God.

YES                      NO

I can talk to God anytime, anywhere.

YES                      NO





## **Lesson Five**

### **GOING TO CHURCH**

One of the many places where we can learn about Jesus and God is in the church. A church is sometimes called "God's house." It is a place where people of all ages come together to:

1. Worship and honor God.
2. Learn more about God and His Son, Jesus.
3. Meet Christian friends.
4. Be with God's family.
5. Sing, pray and learn.
6. Share with others what God has done for us.
7. Enjoy Christian fellowship.
8. Attend a Sunday school class.
9. Be taught from the Bible.

Attending Sunday school and the different church activities each week will give you many ways to learn more from the Bible, God's Word.

Sunday is usually the day most people attend church. But there are other days through the week when we can attend. Your church will probably have activities that take place on days other than Sunday.

God tells us not to forget to go to church. Read Hebrews 10:25. God tells us “forsake not the assembling of ourselves together.”

*Why go to church?* This is a question people sometimes ask. Here are some reasons to remember.

We go to church because:

1. The Bible tells us to come together and worship God.
2. We grow to know God better by listening to the teaching and preaching.
3. We will meet and get to know other Christian friends.
4. We need to have a time of Christian fellowship.
5. We need a time to give all our thoughts to God.
6. We want to share our love for God.

There are many things you will do in church. When you join others, you will worship God together in one place.

Here is a list of eight things that can happen at your church.

- Singing
- Giving
- Learning
- Sharing



- Praying
- Worshipping
- Preaching
- Testifying

When you go to church, take your Bible and your offering of money.

Because you are a part of the church, it is important that you be respectful and that you help to keep it clean.

You will want to tell others about your church and invite them to attend with you.

Learning about Jesus and God, our Heavenly Father, can be fun and exciting. Make going to church a habit. It will help you live the life that Jesus planned for you.

## WHAT DID YOU LEARN FROM YOUR READING?

### 1. What is a church? (Put an X before each true statement.)

- A place to worship God
- A place to sing and praise
- A place to learn more about God
- A place to play

### 2. Complete this Bible verse: Hebrews 10:25 (NKJV)

“Not \_\_\_\_\_ the assembling of  
 \_\_\_\_\_ together...”

**3. Circle the correct answer.**

Should I attend just any church?

YES                      NO

Should I attend church regularly?

YES                      NO

Should I invite others to attend?

YES                      NO

**4. Where is a good place to meet new friends?**

\_\_\_\_\_

**5. List the eight (8) things that can happen in church.**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**6. Name two things you should take to church.**

\_\_\_\_\_

**7. How do you feel after you have been in church?**

\_\_\_\_\_

**8. What is the name of the church you attend?**

\_\_\_\_\_

**9. What is your pastor's name?**

\_\_\_\_\_

10. What are some of the activities that take place in your church?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



I can help the church by:

\_\_\_\_\_ it clean.

Telling \_\_\_\_\_ about it.

Inviting others to \_\_\_\_\_.

Learn these Bible verses:

“So then faith comes by hearing, and hearing by the word of God.” Romans 10:17 (NKJV)

“But seek first the kingdom of God and His righteousness, and all these things shall be given to you.” Matthew 6:33 (NKJV)



## Lesson Six

### TELLING OTHERS ABOUT JESUS

Now that you are a child of God, you will want to tell other people about Jesus. You can be a witness—one who tells what God has done for them.

In Mark 5:19, Jesus said, “Go home to your friends and tell them what great things the Lord has done for you, and how He has had compassion on you.” We all have friends, neighbors and relatives who do not know Jesus as their personal Savior. Be sure to share with them what Jesus has done for you.

Here are a few things that you must know before you can talk to someone about Jesus:

1. Know that you are a Christian. (John 5:24)
2. Know that God loves each person. (John 3:16)
3. Know that everyone has sinned. (Romans 3:23)
4. Know that everyone must confess their sins to Jesus. (1 John 1:9)
5. Know that God promises eternal life to those who believe. (Romans 6:23)
6. Know that Jesus is ready to receive each person who asks. (Matthew 21:22)

When any of your friends or relatives confess their sins to Jesus and ask for forgiveness, they become a member of God's family just as you are. Remember, Jesus died for everyone in the whole world.

*Share with your new Christian friends the importance of—*

1. Reading their Bible each day.
2. Talking to God each day.
3. Attending Sunday school and church regularly.
4. Telling others about Jesus.
5. Living the Christian life before others.

There are many ways to tell others about Jesus. Here are a few suggestions. Try them!

**TELL OTHERS BY—**

1. Using your voice. Tell what Jesus has done for you.
2. Passing out story tracts that tell about Jesus.
3. Living the Christian life.
4. Inviting them to attend church with you.
5. Writing a letter or note and sharing with them.

Jesus wants us to tell others about Him. Can he count on you to be a witness for Him?

Yes, Jesus can count on \_\_\_\_\_ to be a witness for Him.

### **WHAT DID YOU LEARN FROM YOUR READING?**

- 1. Where do we find the verse in the Bible that tells us that we should go and tell others?**

---

**2. Answer the following questions with a "Yes" or "No."**

- A. Everyone has sinned. \_\_\_\_\_
- B. God loves only Christians. \_\_\_\_\_
- C. Everyone must confess their sins. \_\_\_\_\_
- D. Jesus will always forgive us. \_\_\_\_\_

**3. What should you tell a new Christian to do? Put an X before each sentence that is right.**

- \_\_\_\_\_ Pray on Sunday only.
- \_\_\_\_\_ Read the Bible each day.
- \_\_\_\_\_ Attend church on Sunday only.
- \_\_\_\_\_ Tell others about Jesus.
- \_\_\_\_\_ Live the Christian life before others.

**4. List two ways we can tell others about Jesus.**

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**5. Why should we tell others about Jesus?**

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**6. Make a list of three people that you will talk to about Jesus.**

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**7. List three things you should know before you tell someone else about Jesus?**

KNOW \_\_\_\_\_

KNOW \_\_\_\_\_

KNOW \_\_\_\_\_

**8. List the Bible verses (book, chapter, verse) that will help you in telling others.**

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**9. Review the Bible verses you have already learned by heart.**

**10. Memorize this Bible verse:**

“Jesus said unto him, ‘I am the way, the truth and the life. No one comes to the Father except through Me.’” (John 14:6)



This is a list of important Bible verses in this course that you may want to learn by heart.

Luke 2:52

Matthew 24:35

John 3:26

1 John 1:9

Mark 11:24

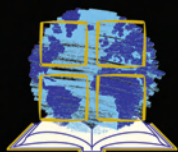
Matthew 6:9

May God bless you as you continue to live the Christian life.









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