

BE DISCIPLED. MAKE DISCIPLES.



Name :			
Start Date: Estimated End Date:			
Mentor:			
Preferred Contact Info:			
Meeting Day & Time:			
What 3 goals or dreams do you have for your life?			

1.

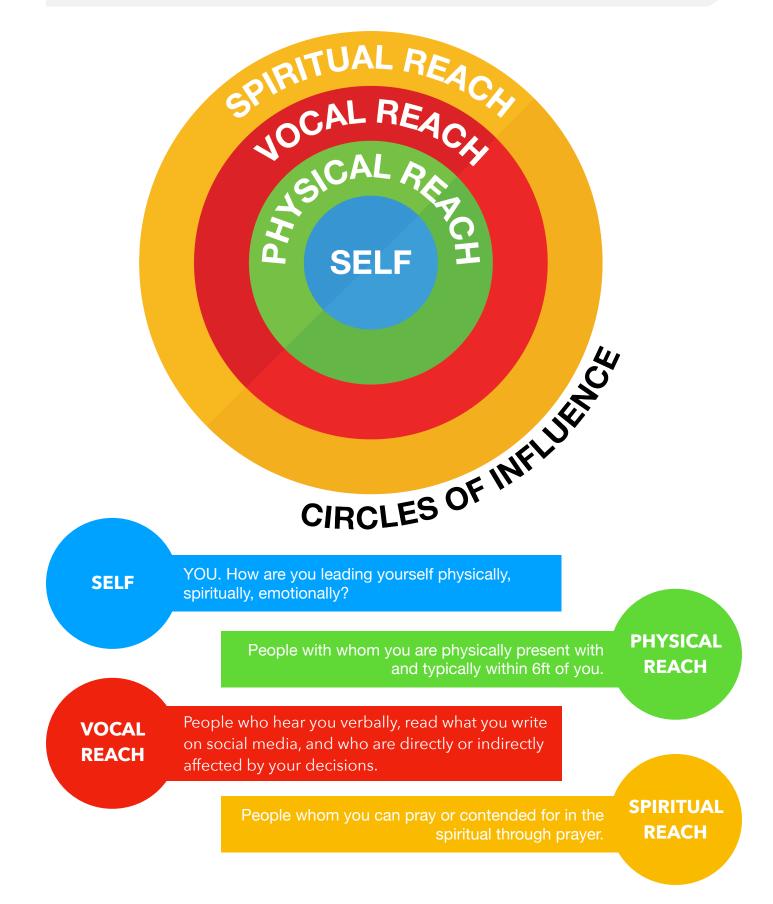
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Circles of Influence



Identify people in each of your Circles of Influence

Self

Physical Reach

Vocal Reach

Spiritual Reach

Which Circle do you believe you are a strong leader in and why?

Which circle do you believe needs more attention?



#1 | BECOMING WORD WISE

From Genesis to Revelation, we believe that God's word is true, transformational, and foundational for today.

2 Timothy 3:16-17 (ESV)

16 All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, 17 that the man of God may be complete, equipped for every good work.

The Word of God:

1. Allows God To Shape My Identity.

Look up each passage to complete each statement.

Genesis 1:27 | I am _____

Luke 3:13-17 | I am _____

Ephesians 2:10 | I am _____

2. Equips Me To Conquer Temptation.

Luke 4:1-13 What temptations does Jesus combat? 1.

_

2.

3.

What temptations seem to constantly come up in your life?

I believe the Bible is the best gift God has ever given to man. All the good from The Savior of the world is communicated to us through this Book. - Abraham Lincoln

3. Helps Me In Making Practical Decisions.

- a. Financial Investments (Proverbs)
- b. Human rights (Genesis 1)
- b. Conflict management (Matthew 18)
- c. Marriage Health (Ephesians 5 / Song of Solomon)
- d. Emotional Health (Proverbs)
- e. Physical Health (Daniel)
- d. Relationships (Matthew 6)
- e. Leadership (Luke 7)

Which of these practical topics interest or apply to you the most and why?

4. Prepares You to Build A Life of Legacy

Circle words and phrases that stand out to you in this passage.

Deuteronomy 6:4 (ESV)

4 "Hear, O Israel: The Lord our God, the Lord is one. 5 You shall love the Lord your God with all your heart and with all your soul and with all your might. 6 And these words that I command you today shall be on your heart. 7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. 8 You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. 9 You shall write them on the doorposts of your house and on your gates.

What practical steps can you take from this verse to make a part of your life?



Making the Word a part of your daily life:

Grab a *Life Journal* and a Reading Plan or use a Lectio Divina Journal.

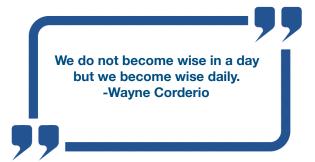
Utilize these links to help you to be in your word daily.

Reading Plan and Learn How To SOAP

www.gotothewell.church/dailydevotions

Lectio Divina Journal

www.lectiodivinajournal.com/buy





CELEBRATE: What were the best things that happened since your last meeting?

Daily Devotion Check Up

__ / 7 days completed devotions. Other disciplines practiced: _____

Reflections and Action Steps

What did you learn and experience?

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GOSPEL LOVE

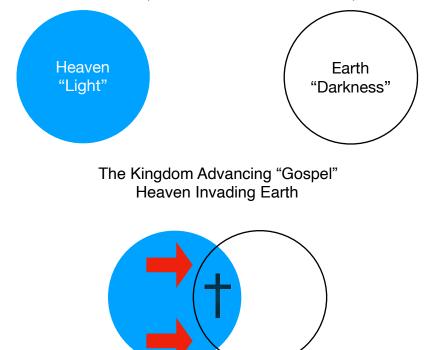


#2 | LIVING GOSPEL LOVE

In Loving God and Loving People, love must drive everything we do: from recreation to confrontation, the motive of all actions is love.

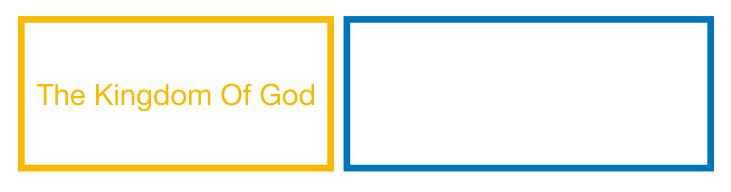
Matthew 22:37-40 (ESV)

37 And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. 38 This is the great and first commandment.
39 And a second is like it: You shall love your neighbor as yourself. 40 On these two commandments depend all the Law and the Prophets."



Read Isaiah 60:1-6

Write down the great things this verse promises in the blue box.



Based on your understanding what is the definition of The Kingdom of God?

Between the Kingdom of God in the Yellow Box and the promises listed in the Blue Box, which do you tend to chase after first?



Luke 4:16-21 (ESV)

16 And he came to Nazareth, where he had been brought up. And as was his custom, he went to the synagogue on the Sabbath day, and he stood up to read. **17** And the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written,

18 "The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor.
He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed,
19 to proclaim the year of the Lord's favor."

20 And he rolled up the scroll and gave it back to the attendant and sat down. And the eyes of all in the synagogue were fixed on him. **21** And he began to say to them, "Today this Scripture has been fulfilled in your hearing."

This verse describes the implications of the Gospel that is often in contrast to our culture:

GOSPEL	CULTURE
God has authority	I am my own authority
Poor, captive, oppressed	Wealthy, in control, my choice, denial
Lord's favor	Other people's favor

Write Your observations on each of these scriptures.

1. Gospel Love Increases Our Perspective. (Romans 13:8-10)

2. Gospel Love Is Fueled by Forgiveness. (Matthew 18:21-35; Luke 6:37)

3. Gospel Love Redefines Power. (Matthew 23:1-12)

4. Gospel Love Is Talked About. (Isaiah 52:7; Matthew 24:14)



In your own words define the Gospel in 1 Sentence:

Take Communion at Home

Get some bread or crackers and some grape juice Gather 1 or 2 friends or family and read the following passages: Matthew 16:17-30 & 1 Corinthians 11:23-26

Reflect on what you experienced and what you learned.



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PEOPLE ARE GOD'S FAVORITE

#3

VALUE

CORE

#3 | PEOPLE ARE GOD'S FAVORITE

Humanity, with all its diversity, is God's favorite creation and greatest treasure. We intentionally lead people to discover their value, their purpose, and healthy relationships.

Deuteronomy 7:6 (ESV)

6 "For you are a people holy to the Lord your God. The Lord your God has chosen you to be a people for his treasured possession, out of all the peoples who are on the face of the earth.

Romans 13:8-10 (ESV)

8 Owe no one anything, except to love each other, for the one who loves another has fulfilled the law. 9 For the commandments, "You shall not commit adultery, You shall not murder, You shall not steal, You shall not covet," and any other commandment, are summed up in this word: "You shall love your neighbor as yourself." 10 Love does no wrong to a neighbor; therefore love is the fulfilling of the law.



1. Everyone Is Deserving Of Value

Look up each passage and write out your observations.

Genesis 1:26-28

Deuteronomy 7:6

Ephesians 2:10

Philippians 2:13

2. Make <u>Room</u> For <u>Healthy</u> Relationships.

Read: Deuteronomy 6:4-9 (ESV)

What practices are you instructed to do in verse 7?

- a. T -
- b. T -
- с. S -
- d.W-

3. <u>Conflict</u> Must Be <u>Embraced</u>.

James 1:2 (ESV)

2 Count it all joy, my brothers, when you meet trials of various kinds, 3 for you know that the testing of your faith produces steadfastness. 4 And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

Read **Matthew 18:19-20**: What is the four step process in confronting someone with whom you have conflict with?

1.	
2.	
3.	
4.	

4. Develop A Culture of <u>Recognition</u>.

Look up 1 Thessalonians 5:12-15 and write out your observations.





List 5 significant people in your life. Why are they significant to you? Write each of them a personalized "thank you" note to let them know how they have impacted your life. Make sure you actually give these "thank you" notes to them.

Spend some time this week publicly celebrating 3 people in your circles of influence. What was their response? How did you feel?



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FOUND PEOPLE FIND PEOPLE

#4 | FOUND PEOPLE FIND PEOPLE

We will invest time and resources to help seekers find Jesus. We will use conventional and unconventional means to reach and attract the lost at any cost.

Matthew 28:19-23 (ESV)

19 Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

Luke 19:10 (NIV)

10 For the Son of Man came to seek and to save the lost."

The Kingdom of God Advances

1. Keep Your Eyes Open.

Go outside and look around. What do you see, hear, smell, and feel?

2. Create Environments Where People Can Belong Before They Believe. (Luke 19:1-10)

How can you create or support environments so people feel loved and welcomed?

3. Brag About Jesus By Sharing Your Story. (John 4:39-42)

What does the Women at the well highlight about her encounter with Jesus?



On a separate piece of paper write out your Jesus story and share with your mentor and 2 other people.



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BETTER TOGETHER



#5 | BETTER TOGETHER

As followers of Jesus, we should be committed to a local church, participate in community, and understand that our families are our first disciples.

Acts 2:42-47 (ESV)

42 And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. 43 And awe came upon every soul, and many wonders and signs were being done through the apostles. 44 And all who believed were together_and had all things in common. 45 And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. 46 And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts,
47 praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

1. We Must Gather Often.

Read Hebrews 10:23-25

What are the two things we are to stir up in each other?

What does it mean by the "day is drawing near?"

Why is Sunday Morning Corporate Worship important to you?

How often do you attend Sunday Morning worship monthly?

2. We Must <u>Celebrate</u> Our <u>Diversity</u>.

Read Revelation 7:9-12

What does this passage tell you about the diversity in heaven?

How can you apply Jesus' prayer "on earth as it is heaven" to what you just read in Revelation when considering your own view of the church?

3. Working in TEAMS allows us to share the load and utilize our skills .

Place the following under the correct ship:

- Has a hired staff that waits on the guests
- All serve each other
- all have a job
- 10% of those on board have a specific job



CRUISESHIP MENTALITY



- lives on mission
- exist to be served
- Skill is developed
- no accountability



Circles one of the two mentalities we must embody to work in teams effectively?

Cruise-ship Mentality. or Battleship Mentality

4. We Must Prioritize Family Time

Family is your first team. What is your current family dynamic? (Single, married, kids, etc.)

What things get in the way of making family a priority? What fun things can you do together?



The kitchen table is an important tool to bring people together. Host a meal around your table to show appreciation for your family or friends.





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#6 | GROWING PEOPLE CHANGE

We want to grow deeper in our faith and wider in our influence by taking an active role through investing in our development and being open to change.



Galatians 5:22-23

List the Fruits of the Spirit:

1.	
2.	77
3.	The need for growth for development, for change, is
4.	fundamentally life. - John Dewey
5.	
6.	
7.	
8.	
9.	

Circle the ones you live out well; underline the ones you need to work on.

1. In Order To Grow We Must Be Flexible.

Read & Reflect: Mark 2:18-22 (ESV)

2. In Order To Grow We Must Be Willing To Fail.

Matthew 14:22-33 (ESV)

What are the differences between:

a. Critics

b. Coaches

3. In Order To Grow We Must Remain Teachable

Read: Ephesians 4:7,11-15 (ESV) ; Mark 9:17-19,28-29 (ESV)

a. What does it mean to be humble?

b. What does it mean to be hungry?



List 3 things about yourself you know need to grow in and share them with your mentor.

Prayer Is The Key Element to Experience Transformation

Prayer Exercise Day 1: Pray the Lord's Prayer (Matthew 6:9-13) Day 2: Write out a prayer Day 3: Spend 20 min in silent prayer Day 4: Pray out loud Day 5: Pray for 3 people

Reflect on what you experienced and share with your mentor.



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#7 | GENEROSITY LEADS TO JOY

We reflect God's character most when we live generously with our resources, time, and grace.



Circle words and phrases that stand out to you.

2 Corinthians 9:6-11 (NLT)

6 Remember this–a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. 7 You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. "For God loves a person who gives cheerfully." 8 And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.

9 As the Scriptures say,

"They share freely and give generously to the poor. Their good deeds will be remembered forever."

10 For God is the one who provides seed for the farmer and then bread to eat. In the same way, he will provide and increase your resources and then produce a great harvest of generosity in

you.

11 Yes, you will be enriched in every way so that you can always be generous. And when we take your gifts to those who need them, they will thank God.

What conclusions can be made?



1. Be <u>Generous</u> With Our <u>Resources</u>

A. Money

DEFINITIONS:

TITHE literally means a tenth (the base line) first fruits, the first expense. This tithe is to be given to your home church for the running of the local and global church.

OFFERING an undesignated amount given above and beyond your usual tithe.

10% tithe is given to the church

90% whatever else you want XX% Offering is generosity to the church, to a person, or to a worthy non-profit.

Creating a budget helps you determine where your money goes instead of circumstances determining where your finances go. (See Resources page ____)

Create a budget! Start with what you have not what you wish you had.

B. Time

How do you spend most of your time? Write out your average day in the boxes below:

12am - 4am	4am - 7am	7am - 11am	11am - 1pm	1p - 5pm	5pm - 8pm	8pm - 12am

Your Average Week: Write out your average week in the boxes below:

SUN	MON	TUES	WED	THUR	FRI	SAT

2. Be Generous With Our Praise

Towards God – Read and Respond - Psalm 89:5-18.

Towards People – Read and Respond - Philippians 1:3-5 & Hebrews 13:6

3. Be Generous With Our Grace - Read and Respond - Jonah 3:6-10 - 4:1-3





Close your hand in a fist - fear keeps you from receiving...because an open hand is easier to take from.

Open your hand - This gives you freedom to give and to be open with what God chooses to give and take away.

Practice being generous with your resources

If you don't tithe begin to for one month. Reflect on what you experienced. Then continue.

Practice being generous with your praise

Create a playlist with your favorite worship songs. Listen to only that playlist for a week. Reflect on what you experienced.



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#8 | LIVE WELL LEAD WELL

In our message, conduct, and time, we choose to operate in healthy rhythms, not in extremes.

2 Corinthians 8:7 (ESV)

7 But as you excel in everything-in faith, in speech, in knowledge, in all earnestness, and in our love for you-see that you excel in this act of grace also.

1. The Grace of Moderation

Living in extremes builds walls instead of gates.

Philippians 4:5-7 (ESV)

5 Let your reasonableness be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Read & Reflect: Romans 14:13-23 (NLT)

We must learn to discern a personal conviction vs a scriptural mandate.

Biblical Mandate: The Bible is very clear when something is a commandment. Mark 12:28-31; Matthew 28:16-20; Galatians 5

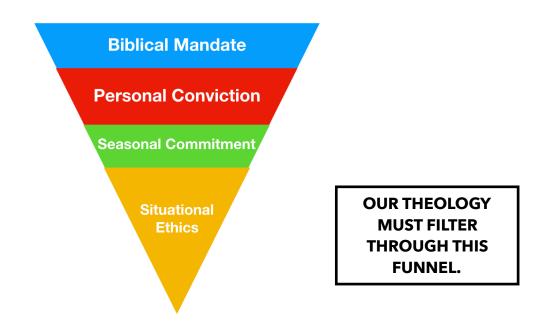
Personal Convictions: A standard of moral choices decided by an individual. *Example:* Not watching rated R movies. Refer back to Romans 14:13-23

Seasonal Commitment: A personal condition for a set time. *Examples*: fasting food, abstaining from sexual intercourse outside of marriage. Daniel 10:3; Acts 13:

Situational Ethics: Something is wrong but it would prevent something worse. *Example*: Stealing food to feed a family Scriptures: Matthew 12:9-14; Exodus 2:11-15

So many of us live in situational ethics on a day to day basis. As followers of Jesus we must move to be led by your biblical mandate first.

If we are led by personal conviction then we are more willing to twist scripture to fit our own desires.



2. Making BEST Decisions

Ephesians 5:15-17 (NIV)

15 Be very careful, then, how you live–not as unwise but as wise, 16 making the most of every opportunity, because the days are evil. 17 Therefore do not be foolish, but understand what the Lord's will is.



The problem with a good decision is that it is only one step up from a poor decision. We must strive to make the best decision. - Roger Archer

3. Living in Healthy Rhythms (Ecclesiastes 3:1-8 & Luke 5:16 ESV) Read and Reflect

7 TIPS FOR HEALTHY RHYTHMS

1. Do Not Over Produce
Don't try to accomplish everything!
2. Steward Your Energy
Where and when do you expound your energy
3. Rest
Weekly Sabbaths, Seasonal Vacations, Sleep!
4. Exercise!
5. Eat Well
Eat Right & Drink Water
6. Recharge Daily
Start with Grace
7. Fight for your family

Wayne Cordeiro "Leading on Empty"

Which of these **7 Tips For Healthy Rhythms** do you need to begin to implement?



Exercise a minimum of 3 times this week. Check off and list what you did for how long.

Day 1:	Time Duration:
Day 2:	Time Duration:
Day 3:	Time Duration:

Reflect on a poor decision you have made in the past? How could it have been a good, better, or best decision?

Write about an upcoming decision: What would be the poor, good, better, or best ways to handle this decision?



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In following Jesus' example, we choose to serve instead of dominate.



Circle words and phrases that stand out to you in this passage.

Matthew 20:20-28 (ESV)

20 Then the mother of the sons of Zebedee came up to him with her sons, and kneeling before him she asked him for something. 21 And he said to her, "What do you want?" She said to him, "Say that these two sons of mine are to sit, one at your right hand and one at your left, in your kingdom." 22 Jesus answered, "You do not know what you are asking. Are you able to drink the cup that I am to drink?" They said to him, "We are able." 23 He said to them, "You will drink my cup, but to sit at my right hand and at my left is not mine to grant, but it is for those for whom it has been prepared by my Father." 24 And when the ten heard it, they were indignant at the two brothers. 25 But Jesus called them to him and said, "You know that the rulers of the Gentiles lord it over them, and their great ones exercise authority over them. 26 It shall not be so among you. But whoever would be great among you must be your servant,27 and whoever would be first among you must be your slave, 28 even as the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

1. Position Yourself To Serve Instead Of Dominate.

Read and Reflect to John 13:1-17 (ESV)

How do you treat people when you have been given authority?

2. Position Yourself To Promote Others

Would you be more likely to throw out a broken hammer or a broken diamond? How should this encourage us to treat people?

3. We Serve People By Embracing Conflict Instead Of Avoiding Conflict. Read Matthew 28:18-20 & Galatians 6:1 (ESV)

How are we to interact with those who has made an offense?

What is the ultimate goal in embracing Conflict?

4. Develop A Culture of Recognition & Investment.

Read Proverbs 18:21 & John 1:44-51

I WANT TO RECOGNIZE CONVERSATIONS

Keep your eyes open to the great things other people are doing! The publicly and Privately recognize them with appreciation.

Public Recognition - "I want to recognize Jerry for picking up the trash around campus." **Private Recognition** - "Thank you! Your hard work means a lot to me."

I-C-N-U CONVERSATIONS

Conversations can be used to call people up to something greater than they see in themselves.

Example: Johnny I C N U a tremendous leader with great care for people. I think you should invest in your leadership through apprenticing a connect group with me."

Do not wait for a platform... become the platform for someone else! - Dave Furgeson



Begin to serve on a team at your home church if you have not already. Serving at church is good practice to serve in the world.

What areas within your church would you be interested in serving?

Who can you take the time to have an ICNU conversation with? How would it go?



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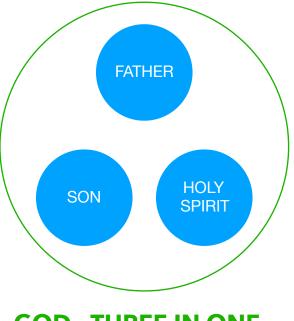
#10 | LED TO LEAD

In being led and leading others, we must always be teachable, accountable, and submitted.

THE HOLY SPIRIT

We must be Spirit-Filled and Spirit Led. The Holy Spirit teaches us to submit to God as our authority or leader. It is the Holy Spirit that empowers and gives us peace in order to follow Jesus.

EQUALLY SUBMITTED TO SERVE ONEANOTHER



GOD - THREE IN ONE

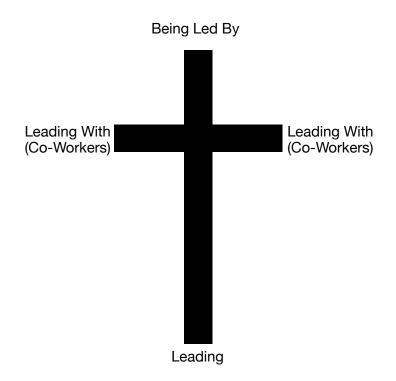
Important Note! Submission vs Slavery

Submission = A willing participant chooses to subject themselves to another Slavery = An unwilling participant is forced to be subjected to another.

The Cross of Leadership

1

(pouring in, pouring out, alongside)



1. Led (Submitted) From Those Above (John 6:38; John 4:34; 7:17) You're in the position of a **servant**.

Divine Authority Government Authority Spiritual Authority Professional Authority

List the people you are submitted to and their role in your life:

1. Professionally (Colossians 3:23)

2. Personally (Ephesians 5:21)

3. Spiritually (Hebrews 13:17)

2. Led / Lead In Mutual-Submission Leadership (Lead Together)

You're in the position of a *co-worker*. Making each other better.

List the people you are co-workers with and their role in your life:

1. Professionally

2. Personally

3. Spiritually

Since inter-personal relationships are in distress in our culture, take the time to honestly access yourself. The enemy of mutual submission is pride and a dominating attitude.

Do you tend to dominate conversations?	Yes	No
Do you see conflict as a growth tool?	Yes	No
Do you have a close group of friends?	Yes	No
Do your friends bring correction to you?	Yes	No
Do you find yourself in the middle of relational drama often?	Yes	No
Do you gossip, or slander others?	Yes	No
Do you filter who you share things with?	Yes	No
Would you say you speak life into others?	Yes	No
Do others speak life into you?	Yes	No
Do you over spiritualize situations in order to avoid conflict or suffering?	Yes	No

Discuss your answers with a trusted & honest friend who can give you some insight regarding yourself. What did you learn?

3. Lead Others

You're in the position of a **teacher.**

List the people you lead and their role in your life:

1. Professionally

2. Personally:

3. Spiritually:

You learn humility as a student so you can model humility as a teacher. - Erick Edquist

THE CROSS OF LEADERSHIP

JESUS' CROSS OF LEADERSHIP

Illustrate how Jesus lived this out by writing in who fulfilled these roles of with the cross pictured how as a follower, co-worker, and leader.

YOUR CROSS OF LEADERSHIP

Illustrate how you live this out as a follower, co-worker, and leader and who fulfills these roles.



Take a moment or several moments to seek God to be baptized in the Holy Spirit for the first time or again.

This begins when you surrender your will to his. Begin to pray and worship out loud and ask for the Holy Spirit to fill you.

What did you experience?



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What are the next action steps you desire to pursue?

Mentor Recommendations:

PRAY: 3 things we can both pray together for or about out loud right now?



MENTOR RECOMMENDATIONS



Go through Shepherds again or another discipleship tool.

		1

Become a Mentor

Name 3 people you want to ask to mentor through relational discipleship:

1.

- 2.
- 3.

Recommended Coach: _____

Other Notes:

Prophetic Word During Commissioning Prayer:

Read John 13:1-17 together: At this time the mentor will wash their disciples feet.

GO AND DO LIKEWISE

ADDITIONAL NOTES

In ancient Israel and today throughout the world, shepherds work day in and day out to protect and care for their sheep. The Bible tells us stories of shepherds fighting lions and chasing after the lost sheep. Why? Because it is the shepherds' calling to see these sheep thrive and fulfill their purpose. Jesus has called us to make disciples, teaching and sending them out. In fact, Jesus himself is called "The Good Shepherd" in whom Israel has been longing and anticipating. If you are anything like me, I too long to be cared for and equipped to fulfill my calling.

This workbook is a tool to help you fulfill your calling to be discipled and to raise up disciples of Jesus.

If you are holding this workbook, I believe you have a desire to love God and love people. I believe you genuinely desire for God to do a move in you so he can do a move through you. I also believe you want to invest in people so they too can experience the power and peace of God.

As you will learn, we are better together and this Shepherd's Handbook is no different. Whether you are discipling or being discipled, it is imperative that you participate with this tool in relational context.

I have prayed over this material but more importantly I am praying for you as you adventure into all that God has for you.

You Are Loved.

Erick

