

Scripture Confessions for the Overwhelmed in Spirit

JESUS IS YOUR PEACE - SHALOM.

YOUR COMPLETENESS, WHOLENESS, HEALTH, PEACE, WELFARE,

SAFETY, SOUNDNESS, TRANQUILITY, PROSPERITY,

PERFECTNESS, FULLNESS, REST, HARMONY, AND ABSENCE OF AGITATION OR DISCORD IN YOUR LIFE.

**HE IS THE ONE WHO COMPLETES, PERFECTS, FULFILLS,
RESTORES AND MENDS SO THAT NOTHING IS MISSING OR BROKEN.**

**HE PAID IN FULL FOR ALL OF THE ABOVE SO THAT
YOU DO NOT HAVE TO CARRY THE BURDEN OR THE YOKE OF ANXIETY,**

STRESS, OR REGRET.

RECEIVE HIS PROVISION OF PEACE IN YOUR LIFE TODAY.



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written by: michelle hoefflin

Hi Friend,

If you are reading this it is pretty safe to say you find yourself in a place that feels overwhelming at least. Like you, I have found myself in this place of shouldering way more than I was ever intended to carry. Sadness, mourning, grief, feelings like you are going to drown, betrayal, a sense of being overwhelmed and living as if the life was sucked out of you are hallmarks of this place. You might not find yourself at a crisis of faith (*if you are at a crisis of faith and have never accepted Jesus, please refer to the back page**) but rather a crisis of WHY? Why didn't it turn out the way I was believing it would turn out? Why is my family so utterly dysfunctional and hurtful? Why do people have to be so cruel? Why isn't healing happening? Why have politics redefined friendships?

WHY, WHY, WHY... You need to know that Jesus is your peace. He is your shalom. In fact, why don't you repeat that right now...

“JESUS YOU ARE MY PEACE”

He is your completeness, wholeness, health, peace, welfare, safety, soundness, tranquility, prosperity, perfectness, fullness, rest, harmony, and the One who silences the agitation and discord in your life. He is the one who completes, perfects, fulfills, restores and mends so that nothing is missing or broken. He paid in FULL for all of the above so that you DO NOT have to carry the burden or be harnessed with the yoke of anxiety, stress, or regret. Receive His provision of peace in your life today.

With much love,
Your sister and friend,

Michelle

Psalm 121:1-2 (NIV)

“I lift up my eyes to the mountains, where does my help come from? My help comes from the LORD, the Maker of heaven and earth.”

Psalm 94:19 (NIV)

“When anxiety was great within me, your consolation brought me joy.”

Jeremiah 17:7-8 (NKJV)

“Blessed is the man who trusts in the LORD, And whose hope is the LORD. For he shall be like a tree planted by the waters, which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, and will not be anxious in the year of drought, Nor will cease from yielding fruit.”

John 14:1 (NLT)

“Don’t let your hearts be troubled. Trust in God, and trust also in me.”

Isaiah 26:3-4 (NLT)

“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Trust in the Lord always, for the Lord God is the eternal Rock.”

Psalms 18:1-2 (NLT)

“I love you, Lord; you are my strength. The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety.”

Matthew 11:28-30 (NLT)

“Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.”

Psalms 28:7 (NLT)

“The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving.”

Isaiah 41:10 (NKJV)

“Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.”

Psalms 27:1 (NIV)

“The Lord is my light and my salvation, whom shall I fear? The Lord is the stronghold of my life, of whom shall I be afraid?”

Psalms 61:1-2 (NIV)

“Hear my cry, O God; listen to my prayer. From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I.”

Exodus 33:14 (NKJV)

“And He said, “My Presence will go with you, and I will give you rest.”

Isaiah 40:31 (NKJV)

“But those who wait on the Lord shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.”

Deuteronomy 31:8 (NIV)

“The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”

Proverbs 18:10 (NKJV)

“The name of the Lord is a strong tower; The righteous run to it and are safe.”

Psalms 23 (NKJV)

“The Lord is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul; He leads me in the paths of righteousness For His name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord forever.”

* Prayer of Salvation: Dear God, I believe that Jesus lived, died and rose again for me. I accept Him as my Lord and my Savior. Thank you for forgiving me of all my sins and today I begin my relationship with You.
In Jesus name, Amen!

Romans 10:9-10 (NIV) “If you declare with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.”

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