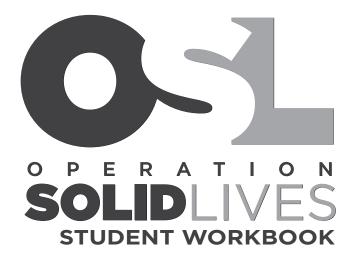


Name:
Level:
Start Date:
Completion Date:



By Jerry Dirmann

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Version 6.3

A Special "Thank You"

I want to express my deep gratitude to my wife, Kimberly Dirmann, as well as two other ministry colleagues, Tammy Sevcov and Jessica Harkins, for their tireless work over the years to help me type, edit, proofread and revise Operation Solid Lives and it's predecessor OPERATION: A.T.T.A.C.K. They, along with hundreds of selfless volunteer team members and pastors have been used by God Himself to start a discipleship movement that is spreading around the world. May the Lord bless each of you for your partnership, which has become precious to me.

Jerry Dirmann

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ORIENTATION

WELCOME TO Operation Solid Lives!

Welcome to Operation Solid Lives! You have just made one of the best decisions you'll ever make ... the decision to become a disciple!

Operation Solid Lives (OSL) is a highly effective and proven system of discipleship that has been written, tested and refined—time and again for over 20 years—to both maximize its ability to impact individuals and to disciple masses of believers who are genuinely hungry for God and His Word. Virtually anyone with a good attitude and a willing heart may participate in and graduate from OSL, including those with limitations or disabilities.

Most people do not realize that though God's purpose for us is an intimate relationship with Him, the process He uses is discipleship. Without question, discipleship is God's plan for each and every person. Consider this well-known Scripture and its emphasis on discipleship:

"Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you ..." Matthew 28:19-20.

Notice that this command is both *to* you and *about* you. We are commanded both to become disciples and to disciple others. So, what is discipleship?

Jesus said in John 8:31–32, "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free."

Discipleship is not merely saying a prayer to receive Jesus and then attending church occasionally. The root word for discipleship is discipline. Discipline is what separates the men from the boys, the committed believer from the casual Christian and the overcomer from the under-achiever. The primary difference between a weekend athlete and an Olympic athlete is discipline; and the result of dedicated discipline and training is "gold."

WELCOME TO **Operation Solid Lives! (CONT.)**

The word "disciple" means "a disciplined follower of." Thus, a disciple of Jesus is "a disciplined follower of Jesus;" a person who is disciplined to live, talk and be ... like Jesus. Jesus said, "If you abide in My word, you are My disciples ..." The word "abide" means, "to continue, to stick with, to not quit or change from." In other words, to hear what Jesus says, then obey Him for the rest of your life. That takes discipline!

Sadly, many people who call themselves Christians hear the word of God, but they do not obey it. They misunderstand the gospel which calls us to repent and follow Jesus. James 1:22 says, "But be doers of the word, and not hearers only, deceiving yourselves." Discipleship guards us from self-deception and facilitates God's ultimate purpose in our lives.

In Luke 6:46-49, Jesus addresses the "hearers only" with a pointed question that cuts right to the heart of the issue—Lordship! He then outlines what will be the respective results of the two responses from those who hear His word.

Luke 6:46-49 says, "But why do you call Me 'Lord, Lord,' and not do the things which I say? Whoever comes to Me, and hears My sayings and does them, I will show you whom he is like: He is like a man building a house, who dug deep and laid the foundation on the rock. And when the flood arose, the stream beat vehemently against that house, and could not shake it, for it was founded on the rock. But he who heard and did nothing is like a man who built a house on the earth without a foundation, against which the stream beat vehemently; and immediately it fell. And the ruin of that house was great."

In this passage, Jesus gives us three simple steps to become solid and unshakable disciples: <u>Come</u> to Jesus, <u>Hear</u> His sayings, and <u>Do</u> them. This is not a one-time event, but a way of living. He didn't say, "Whoever did come to Me ...", He said, "Whoever comes ...", meaning whoever "does" come to Me. This new lifestyle of repeatedly coming to Jesus for instructions, then denying ourselves and our own conflicting desires to serve His purposes, is

WELCOME TO Operation Solid Lives! (CONT.)

both foreign and difficult to all of humanity. Yet giving place to His ways and plans for our lives is the very process whereby we find our life—in Him.

Therefore, the role of Operation Solid Lives is simply to help you come to Jesus, hear His sayings and do them—hopefully for the rest of your life! If it were easily accomplished without help, there would have been no need for Jesus to say, "Follow Me" to His disciples. Instead, He could have merely given them clear instructions and sent them into the world to fulfill their respective ministry callings. Interactive discipleship adds necessary ingredients to the instructions—such as encouragement and accountability—thus supplying both the strength and the incentive needed to change.

What will your life look like when you become a disciplined follower of Jesus? It will look like Jesus' life. Jesus said in John 14:12, "Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father." That means that when we are properly discipled, we will believe; and when we believe, we will do the works of Jesus, and even greater works! This has been God's plan all along. Disciples become disciplers and minister to others on this earth with the same power and authority that Jesus used.

Fasten your seat belt, and get ready to be the person you were always meant to be!

Though you may not understand why you're starting OSL today, be assured that it is because God is calling you to a whole new level of living; and this new level will require some adjustments. God wants you to make these adjustments, and He wouldn't ask you to do so if He didn't know that you could. You also have an adversary who wants to keep you in the same old patterns and bondages, and eventually destroy you. God's plan for you is to break free from his traps and live the life that most people only dream of ... freedom! This is your opportunity to change forever!

Level 1 is where many people have the most exciting and lifechanging experience because their new lifestyle gives place to a fresh and intimate relationship with Jesus. In this level you will discover, more deeply than ever before, how much Jesus really loves you and only has the very best in mind for you. You will learn how far He has gone to prove His love for you and how He wants to be with you for the rest of His life ... forever!

You will also realize what happened to you when you were born again. Though you may feel the same and struggle with some of the same issues, you have become a completely different person. When you realize that you have indeed changed ... you will change indeed. Sin and bondage will no longer have power over you and addictions will lose their grip. Fear, worry, condemnation and guilt will give place to faith, confidence, peace and joy.

All of this is just a taste of the life that Jesus has for you. It's called "life more abundantly" (John 10:10). For those who have not yet experienced it ... it starts today!

Level 1 is only four weeks long—not four years, not four months, it's only four weeks. However, the effects will last a lifetime. Think about that. You give God four weeks, and He changes you for the rest of your life. If you simply refuse to quit, four weeks from today you will be forever changed.

Before you proceed, please stop and—in advance—give God the next four weeks of your life.

WELCOME TO LEVEL 2

Congratulations ... you graduated from Level 1! You're no longer a rookie. You've tasted the good life and you're back for more; and "more" is exactly what you're going to get ... a lot more! Now that you've completed one level, be confident that you can conquer the remaining four levels.

In Level 2 we take it up a notch. From this point forward the classes will be six weeks long. Not only will this allow you to receive more from God's word and Spirit, you will also sustain these life-changing disciplines for a longer period of time. Sowing more seed will yield more precious fruit in your life. In Galatians 6:7-8, Paul writes, "Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life." Sowing to the Spirit is exactly what we're going to do in this level.

Level 2 contains some of the most treasured studies in OSL. The study of our covenant with God through Jesus Christ is a favorite of many because it convinces our hearts that God's commitment to us is irrevocable. You will also understand God's plan to reach the world and the assignment on us as believers. We will let Jesus teach us—in much detail—to regularly receive the fullness of God's Spirit.

Since you've already completed a level, you may be tempted to be somewhat complacent as you begin Level 2. This is a trap. It is very important to get started on your assignments right away and schedule the necessary study time in advance.

Before you proceed, please stop and commit yourself to God for the next six weeks.

WELCOME TO LEVEL 3

Great job! You've completed two levels, only three more to go. Level 3 is the study of the absolute truth of God's kingdom ... the Bible, the word of God! Along with the Holy Spirit, God's word is a precious gift to us through which we may know and understand everything and anything necessary to fulfill His plan for our lives.

In Level 3 we will study how to use the word of God as our primary weapon in the spirit realm. We will hear Jesus teach us how and why Satan steals the word of God from our hearts, and how to stop him. You will understand, very clearly, why it has been such a fight to stay in OSL and retain the word that you've heard.

No other level will give you more insight into the processes that determine your effectiveness and fruitfulness in the kingdom of God than in Level 3.

Please take a moment to pray, to commit to sit at the feet of Jesus, and to minimize distractions as much as possible for the next six weeks.

WELCOME TO LEVEL 4

Wow! You've passed the half-way point to being finished with Operation Solid Lives. By now, the weekly disciplines should be virtually routine. In Luke 12:48, Jesus said, "... For everyone to whom much is given, from him much will be required; and to whom much has been committed, of him they will ask the more." Level 4 will help you to go both deeper and higher than ever before.

Much of the emphasis in Level 4 is on the spirit realm. We will learn how to be led by the Holy Spirit and to minister to people through the manifestations of the Holy Spirit.

By the time you graduate from this level, you will be much more comfortable ministering to others, and you'll realize that God can use you at any time, and in any way, because you are filled with the power of the Holy Spirit.

Please stop now and ask God to give you new and life-changing insight over the next six weeks.

You did it! You made it to the final level of Operation Solid Lives. Now you are only six weeks away from graduation!

In the first four levels, we focused primarily on ministering to you. In Level 5, we will focus entirely on your ministry to others. Though every believer is called to ministry, relatively few actually do minister or become proficient at the ministry to which they are called. In this level we will study many of the keys and principles regarding ministry from the word of God. Among other things, God will teach us how to relate to Him in ministry, how to relate to our overseers and peers, and how to purify the motives of our heart.

Once you get a good taste of being used by God to help others, you will never again want to be only a recipient. You will want to be a servant, a blessing, an encourager and a discipler. Why? Because this is the way God is; and because you have His love in your heart.

Please take a moment right now and ask God to teach you over the next six weeks how to be the minister He has called you to be.

OSL ONLINE

OSL Online is the web-based version of the life-changing discipleship program, Operation Solid Lives. Because it is web-based, geographical boundaries and time constraints are no longer limiting factors for discipleship, allowing people to be discipled anywhere and at any time.

What does it take? OSL Online requires a reliable Internet connection, time and a commitment to be discipled.

Two ways to take each level of OSL Online:

1. As a Group: (Recommended)

A small group can consist of two people, 20 people or even more. The group will meet together weekly to hold one another accountable for the weekly disciplines, pray for one another and to watch the class teachings. The benefits of taking the class with a group include accountability, strength, fellowship and encouragement.

2. As an Individual:

Although it is strongly recommended to take OSL Online with a group, sometimes it is just not feasible. An individual may sign up and take a class by himself or herself, but a friend or family member must be identified to hold them accountable.

To find out more about OSL Online, or to refer someone to the program, visit www.oslonline.com.

If you are a **current student** of OSL Online and are in need of assistance, please email us at support@oslonline.com.

WARNING: OSL Online is not intended to replace OSL discipleship classes taking place in a local church environment. We recommend that if at all possible you join OSL at a local church because the optimal method of discipleship includes face-to-face time with a discipler. To find a list of churches conducting OSL classes, please visit www.oslonline.com.

Operation Solid Lives is structured to help you grow in your relationship with Jesus like never before. The list of disciplines is absolutely not legalism. Keeping the disciplines of OSL will in no way make you either more or less acceptable to God. We were all sinners and have been saved by grace, and grace alone, through the death of our Lord Jesus Christ. OSL is a combination of specific disciplines designed to be a highly effective but temporary "fast." For a mere few weeks, you will eliminate and/or limit many of the harmful and unnecessary habits and influences in your life and replace them with activities through which God has promised power and life-change. This intense and focused investment in your spiritual life will help you experience a dramatic change while in the class and give you the skills to implement the things you learn into your everyday lifestyle after the class concludes.

Remember, the root word for discipleship is "discipline." It is discipline that makes discipleship different from a typical class, which generally speaking gives us more knowledge, but little lifechange. A wise person will excitedly embrace these disciplines as part of a necessary process for change.

1. Class Attendance

Attend each and every class in its entirety. Unfortunately, there are no exceptions. If you are absent, you have dropped the course and will be warmly welcomed and encouraged to register the next time the course is offered. Being late more than 30 minutes or being late twice will be treated as an absence. This discipline is non-negotiable because we cannot disciple you if you are not here; and, with the limited weeks available, missing one class creates a two-week gap of accountability.

Classes will begin at exactly ____ : ___ AM / PM for approximately _____ hours. Take notes on the messages taught.

Proverbs 10:4 says, "He who has a slack hand becomes poor, but the hand of the diligent makes rich."

OSL **DISCIPLINES (CONT.)**

2. Church Attendance

Attend both a primary (weekend) and secondary (mid-week) church gathering each week. When in a service, arrive early, sit in the closest available seat to the front row and take notes on the messages taught.

Hebrews 10:25 says, "... not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching."

3. Devotions

Daily Bible Reading, Journaling and Prayer: Read the assigned Bible reading chapter(s) each day and journal on what you hear God speak to you. Level 1 students read the daily passages listed in the "New Testament Reading Plan." Students in Levels 2-5 read the assigned chapters in the "Solid Life Reading Plan" (see pages 53-66).

Spend a minimum of ____ minutes each day in undistracted prayer, and pray aloud. Additionally, spend a minimum of two hours once during the class to seek God and prayerfully list your current God-given roles and at least one goal for each role (an explanation of Roles and Goals can be found in the Appendix). Complete your Roles and Goals by week 5 in Level 2 and by week 3 in Levels 3-5. If you completed your Roles and Goals assignment in a previous OSL Level within the past six months, this assignment may be completed by spending one hour to prayerfully review and update your roles and goals.

Joshua 1:8 says, "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success." Also, Ephesians 6:18 says, "Praying always with all prayer and supplication ..."

See page 49 for more explanation on Bible Reading and Journaling.

4. Faithbuilders & Memory Verses

Listen to your assigned weekly Faithbuilder audio teachings and take notes—without distractions. Level 1 is not required to take notes on the Wisdom for Life teachings.

Visit www.oslonline.com to download your weekly Faithbuilders.

Memorize the assigned Scriptures each week and recite them to your group leader at the beginning of class.

Acceptable translations:	

Romans 10:17 says, "So then, faith comes by hearing and hearing by the word of God." Psalm 119:11 says, "Your word I have hidden in my heart that I might not sin against you."

See pages 29-33 for the list of Faithbuilders and memory verses for each level.

5. Godly Lifestyle

Be an example of a disciple wherever you are. Walk in love with those around you, doing your best to promote peace and unity.

Submit to your leaders with humility, and maintain a healthy lifestyle and relationships with your family.

1 Timothy 4:12,15 says "... be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity ... that your progress may be evident to all."

OSL **DISCIPLINES (CONT.)**

6. Distractions

Limit your media (e.g. TV, Internet, books, magazines, video games, phone apps, etc.) to two hours per week during the course, not including work, school or OSL disciplines. Do not listen to secular music, and only watch TV and movies that are appropriate for the entire family.

Consider eliminating other potential distractions, such as dating relationships, alcohol and addictive substances.

Hebrews 12:1 says, "Therefore ... let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us ..." Psalm 1:1-2 says, "Blessed is the man who does not walk in the counsel of the ungodly ... but his delight is in the law of the Lord and in His law He meditates day and night."

7. Ministry

Serve weekly in your church's ministry. Bring your ministry commitment form to class next week (see page 69).

Ephesians 4:16 says, "... the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love."

8. Evangelism

Personally invite a different guest to church each week and invite a different person each week to register for a future OSL course. Additionally, share "your story" with at least one person in Levels 1-3, and with at least two people in Levels 4 and 5 (see T4T Evangelism on page 35).

Matthew 28:19-20 says, "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you ..."

To request an exception—in part or in whole—to any discipline, please speak to your group leader personally, in advance.

OSL Online: If you need assistance, please email requests to: support@oslonline.com

THE **HEART**

Graduating is not your goal!

Graduating from a level of Operation Solid Lives—or even the whole program—is great, but that's not your goal. Your goal is to please God, and to grow in your relationship with Him. Some students do only what is necessary to please (or deceive) their leaders. They jump through the hoops, go through the motions and mark everything on the checklist, but they miss the opportunity to experience real and significant life change.

1 Samuel 16:7 says, "... the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart." Ephesians 6:5-6 says, "... be obedient to those who are your masters ... not with eyeservice, as men-pleasers, but as bondservants of Christ, doing the will of God from the heart ..."

Some college students slack off the whole semester and then cram for the final exam. They may even lie, cheat or deceive to pass the classes and get their degree. And though they graduate and have a feeling of success, the sad reality is, they miss out on much of the education. So, though graduating from OSL is important, your relationship with God and spiritual growth is even more important.

There are also some people who, unfortunately, use God's willingness to promptly forgive our sins as a reason to not do their best. They think, "Why work so hard? Getting forgiveness is much easier than obedience." Though that may be true, it should not be overlooked that many blessings are promised to the obedient. Isaiah 1:19 says, "If you are willing and obedient, you will eat the good of the land." And 1 Samuel 15:22 says, "... Behold, to obey is better than sacrifice ..." meaning it is better to obey God in the first place than to disobey Him, and then seek His forgiveness. On the other hand, it is important to remember that God is not concerned about our mistakes when we're really trying to please Him. More than our actions, God wants our hearts.

Do you struggle with compromise? Do you slack off until the end and then try to pull it all together? Do you ever lie to cover your weaknesses or disobedience? Let's take a moment to bring these issues before the Lord and to ask for His help to walk in obedience and integrity.

OSL **LEADERSHIP** (FOR CAMPUS & GROUP CLASSES ONLY)

Your OSL leaders are not paid to be here. They are only here because they want to help you become the person God has called you to be.

Your group leader is here to partner with you, pray for you, and encourage you each week until you complete the course. Your instructor is here to disciple you and hold you accountable. The facilitator will handle many of the organizational and administrative details. Instructors and facilitators are for campus classes only.

You will meet one-on-one with your group leader each week so he or she may verify that week's assignments have been completed. They will do this by reviewing your checklist, listening to your memory verses, and skimming through your note pages. In a campus class, if you have incomplete work, your group leader will refer you to an instructor who will encourage you, resource you, and possibly require that you make work up in order to ensure you are receiving everything God has for you in that level. In a small group, this will be done by your group leader. After all students have been checked, your group leader will lead a discussion time, asking each student to share what they received from the Faithbuilder audio messages that week. They will call you during the week to encourage you, and they will be praying for you daily. For more information on the role of a group leader visit www.oslonline.com.

1 Thessalonians 5:12-13 says, "And we urge you, brethren, to recognize those who labor among you, and are over you in the Lord and admonish you, and to esteem them very highly in love for their work's sake." Hebrews 13:7 says, "Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct."

My Group Leader:

Name:		
Phone Number:		
Email:		
My Instructor:		
Name:	 	
Email:		



What to Expect

- Before arriving to class, complete your weekly checklist (see pages 21-26).
- Upon entering, please check in and find your seat. A
 Faithbuilder quiz will be waiting for you. Immediately begin
 your quiz using only your notes.
- During or after your quiz, your group leader will call on you to recite your verse(s) and verify that the week's assignments have been completed.
- If you have any incomplete or partially complete assignments, your group leader will refer you to an instructor (campus classes only).
- When all the students have been checked, you will join your group to discuss the Faithbuilder teachings.
- After the discussion, the class teaching(s) will begin. Please note: The final class will be a graduation celebration and generally runs an additional 30 minutes.

OSL Online Individual Students: Please see www.oslonline.com for online instructions regarding your weekly classes.

Additional Materials:

In addition to this student workbook you will need a Bible and a blank notebook, journal or note pad to capture your: 1) Bible reading journal entries, 2) class notes, 3) service notes, and 4) notes on the Faithbuilder teachings. Other OSL materials are available through www.oslonline.com.



WEEKLY CHECKLISTS

WEEK ONE CHECKLIST

			.IST :ed (_		ted v	with exceptions $igodots$ Partially Complete $igodots$ Incomplete	
							expected in daily devotions, prayer, der audio teachings and taking notes."	
1	2	3	4	5	6	7	"I completed my Daily Bible Reading and Journaling."	
							"I completed my prayer time."	
	ekend -week		(m	nid-v	weel	<) cl	primary (weekend) and secondary nurch gathering; arrived on time, sat in th ple seat to the front row and took notes."	
	"I	have	e rec	itec	l my	me	mory verse(s)." (see pages 29-33)	
	"I listened to the assigned Faithbuilder audio teachings completely and took notes." (see pages 29–33)							
	"	filled	d ou	t an	d su	ıbm	itted my Ministry Commitment Form."	
	"I participated in my scheduled church ministry this week."							
	"I have maintained a godly lifestyle."							
	"I have kept myself from distractions and have abstained from going over my two hours for secular media."							
	"I invited at least one new person to church."							
		Ν	ame	:: _				
	"		ed a		ast o	one ——	new person to join OSL."	
"R						-	r story' during this course."	

(1 person for Levels 1-3, 2 people for Levels 4 & 5)

- 1. On a scale of 1 to 10, how much effort did you put into discipleship this week?
- 2. On a scale of 1 to 10, how was your attitude toward discipleship this week?
- 3. What changes will you make this week to receive everything the Lord has for you in this level?

	CHECKLIST KEY: ☑ Completed ② Completed with exceptions ② Partially Complete □ Incomplete								
1	2	3	4	5	6	7	"I completed my Daily Bible Reading and Journaling."		
							"I completed my prayer time."		
	weekend ☐ "I attended a primary (weekend) and secondary (mid-week) church gathering; arrived on time, sat in the closest available seat to the front row and took notes."								
	"	have	e rec	ited	my	me	mory verse(s)." (see pages 29-33)		
	"I listened to the assigned Faithbuilder audio teachings completely and took notes." (see pages 29-33)								
	"I	part	icipa	ated	in r	ny s	cheduled church ministry this week."		
	"I have maintained a godly lifestyle."								
	"I have kept myself from distractions and have abstained from going over my two hours for secular media."								
	"I invited at least one new person to church." Name:								
	"I invited at least one new person to join OSL." Name:								
"R	eme	mbe	er to	sha	re '	your	story' during this course."		

For Group Leader Use:

(1 person for Levels 1-3, 2 people for Levels 4 & 5)

- 1. On a scale of 1 to 10, how much effort did you put into discipleship this week?
- 2. On a scale of 1 to 10, how was your attitude toward discipleship this week?
- 3. What changes will you make this week to receive everything the Lord has for you in this level?

WEEK THREE CHECKLIST

	CHECKLIST KEY: ☑ Completed ☑ Completed with exceptions ☐ Partially Complete ☐ Incomplete										
1	2	3	4	5	6	7	"I completed my Daily Bible Reading and Journaling."				
							"I completed my prayer time."				
weekend ☐ "I attended a primary (weekend) and secondary (mid-week) church gathering; arrived on time, sa closest available seat to the front row and took n							nurch gathering; arrived on time, sat in th				
	"	have	rec	itec	l my	me	mory verse(s)." (see pages 29-33)				
	"I listened to the assigned Faithbuilder audio teachings completely and took notes." (see pages 29-33)										
	"I participated in my scheduled church ministry this week."										
	"I have maintained a godly lifestyle."										
	"I have kept myself from distractions and have abstained from going over my two hours for secular media."										
	"I invited at least one new person to church." Name:										
	"I invited at least one new person to join OSL." Name:										
	"I have completed Roles and Goals" (Levels 3–5)										
"Remember to share 'your story' during this course." (1 person for Levels 1-3, 2 people for Levels 4 & 5)											

- 1. On a scale of 1 to 10, how much effort did you put into discipleship this week?
- 2. On a scale of 1 to 10, how was your attitude toward discipleship this week?
- 3. What changes will you make this week to receive everything the Lord has for you in this level?

1	CHECKLIST KEY: ☑ Completed ☑ Completed with exceptions ☑ Partially Complete ☐ Incomplete									
1	2 3 4 5 6 7									
							"I completed my prayer time."			
	weekend "I attended a primary (weekend) and secondary (mid-week) church gathering; arrived on time, sat in the closest available seat to the front row and took notes."									
	"I have recited my memory verse(s)." (see pages 29-33)									
		"I listened to the assigned Faithbuilder audio teachings completely and took notes." (see pages 29–33)								
	"I participated in my scheduled church ministry this week."									
	"[]	"I have maintained a godly lifestyle."								
		"I have kept myself from distractions and have abstained from going over my two hours for secular media."								
	"I invited at least one new person to church." Name:									
	"I i	"I invited at least one new person to join OSL." Name:								
	"I shared 'my story' 1 time during this course." (Level 1 only)									
	Turned in Class Evaluation Form. (Level 1 only)									
							r story' during this course." le for Levels 4 & 5)			

- 1. On a scale of 1 to 10, how much effort did you put into discipleship this week?
- 2. On a scale of 1 to 10, how was your attitude toward discipleship this week?
- 3. What changes will you make this week to receive everything the Lord has for you in this level?

WEEK FIVE

CHECKLIST (LEVELS 2-5 ONLY)

	CHECKLIST KEY: ☑ Completed ② Completed with exceptions ② Partially Complete □ Incomplete									
1	2	3	4	5	6	7	"I completed my Daily Bible Reading and Journaling."			
							"I completed my prayer time."			
weekend ☐ "I attended a primary (weekend) and secondary (mid-week) church gathering; arrived on time, sat in the closest available seat to the front row and took notes."										
	"I have recited my memory verse(s)." (see pages 29-33)									
	"I listened to the assigned Faithbuilder audio teachings completely and took notes." (see pages 29-33)									
	"I participated in my scheduled church ministry this week."									
	"I have maintained a godly lifestyle."									
	"I have kept myself from distractions and have abstained from going over my two hours for secular media."									
	"I invited at least one new person to church." Name:									
	"I invited at least one new person to join OSL." Name:									
	"[have	e cor	mple	eted	Ro	les and Goals" (Level 2)			
	"Remember to share 'your story' during this course." (1 person for Levels 2 & 3, 2 people for Levels 4 & 5)									

- 1. On a scale of 1 to 10, how much effort did you put into discipleship this week?
- 2. On a scale of 1 to 10, how was your attitude toward discipleship this week?
- 3. What changes will you make this week to receive everything the Lord has for you in this level?

WEEK SIX CHECKLIST (LEVELS 2-5 ONLY)

	CHECKLIST KEY: ☑ Completed ☑ Completed with exceptions ☐ Partially Complete ☐ Incomplete									
1	2	3								
							"I completed my prayer time."			
weekend "I attended a primary (weekend) and secondary Mid-week (mid-week) church gathering; arrived on time, sat in t closest available seat to the front row and took notes.										
	Roles and Goals completed. (Level 4 only)									
	"I have recited my memory verse(s)." (see pages 29-33)									
_	"I listened to the assigned Faithbuilder audio teachings completely and took notes." (see pages 29-33)									
	"I participated in my scheduled church ministry this week."									
	"I ł	"I have maintained a godly lifestyle."								
	"I have kept myself from distractions and have abstained from going over my two hours for secular media."									
	"I invited at least one new person to church." Name:									
٦	"I invited at least one new person to join OSL." Name:									
	" 9	shar	ed 'ı	ny s	story	/' 1 t	time during this course." (Levels 2 & 3)			
	"I shared 'my story' 2 times during this course." (Levels 4 & 5)									
	Turned in Class Evaluation Form.									

- 1. On a scale of 1 to 10, how much effort did you put into discipleship this week?
- 2. On a scale of 1 to 10, how was your attitude toward discipleship this week?
- 3. What changes will you make this week to receive everything the Lord has for you in this level?



FAITHBUILDERS & MEMORY VERSES

Week	LEVEL 1 FAITHBUILDERS			
	Being Right With God #1—The Bad News #2—True Repentance	No note taking required for this column		
1		Wisdom For Life The Sluggard		
2	#3—The Great Exchange #4—The New You	Wisdom For Life The Place Of Temptation		
3	#5—Look In The Mirror #6—Righteousness Consciousness	Wisdom For Life Protecting Your Heart		
4	#7—Overcoming Sin (Part 1) #8—Overcoming Sin (Part 2)	Wisdom For Life Fear Of The Lord		

LEVEL 1 MEMORY VERSES			
Week 1	Romans 3:23; Romans 6:23		
Week 2	Ephesians 2:8-9		
Week 3	Romans 5:12; 2 Corinthians 5:17		
Week 4	John 14:6; 1 John 1:9; Books of the Bible		

Week	LEVEL 2 FAITHBUILDERS				
1	#1—Introduction #2—Blood Covenant #3—Covenant Representative Head				
2	#4—Covenant Love #5—New Covenant #6—Covenant Meal				
3	#7—Covenant Friendship & Marriage #8—Two Immutable Things	A Life Worth Living			
4	God's Ways #1—Hide & Seek (Part 1) #2—Hide & Seek (Part 2) #3—God's Sovereignty, Man's Authority & Satan's Illegitimacy				
5	#4—The God-Man, The New Creation & The Baton Pass #5—The Faith Factor	Unlocking Abundance Combination First Love			
6	#6—The Promise, The Preaching & The Problem (Part 1) #7—The Promise, The Preaching & The Problem (Part 2)	Wisdom For Life Pride			

LEVEL 2 MEMORY VERSES			
Week 1	Romans 10:9-10		
Week 2	Jude 20; 2 Corinthians 5:21		
Week 3	1 Corinthians 14:4; Romans 8:1		
Week 4	Romans 8:26		
Week 5	Romans 8:27		
Week 6	Romans 12:1-2		

Week	LEVEL 3 FAITHBUILDERS			
1	#1—Sower Sows The Word #2—Sower Sows The Word #3—Sower Sows The Word			
2	#4—Sower Sows The Word #5—Sower Sows The Word #6—Sower Sows The Word			
3	#7—Sower Sows The Word #8—Sower Sows The Word #9—Sower Sows The Word			
4	What You See Is What You Get #1—Introduction #2—Words Paint Pictures #3—See The Unseen			
5	#4—How You See Yourself #5—It's the Cause, Not The Effect	Wisdom For Life Correction		
6	#6—Controlling What You See #7—See Your Future	Wisdom For Life Spiritual Fathers		

LEVEL 3 MEMORY VERSES		
Week 1	Proverbs 4:20-22; Psalm 119:89	
Week 2	Romans 10:17; 2 Timothy 3:16-17	
Week 3	Matthew 24:35; Isaiah 55:11	
Week 4	Joshua 1:8; James 1:22	
Week 5	John 15:7; Numbers 23:19	
Week 6	Psalm 119:9; Psalm 119:11; John 8:31-32	

Week	LEVEL 4 FAITHBUILDERS			
1	Be Led By the Spirit #1—You Can Be Led #2—The Person Of The Holy Spirit #3—The Grace To Be Led			
2	#4—How We're Not To Be Led #5—Led Through The Word	The Presence Of God Tabernacle Of David		
3	#6—The Voice Of Your Spirit #7—The Voice Of the Holy Spirit	The Presence Of God Mishandling God's Presence		
4	#8—The Inward Witness The Power Of the Spirit #1—Starts With Receiving #2—Power and Authority			
5	#3—Words Of Wisdom #4—Knowledge & The Discerning Of Spirits #5—Prophecy			
6	#6—Tongues & Interpretation Of Tongues #7—Gifts Of Healing, Miracles And Faith #8—All Decently And In Order			

LEVEL 4 MEMORY VERSES		
Week 1	John 16:23–24; James 4:7	
Week 2	Luke 10:18-19; Matthew 12:29	
Week 3	Mark 11:22-23	
Week 4	Matthew 18:18–19	
Week 5	2 Corinthians 10:4-5; 1 Peter 5:8-9	
Week 6	Ephesians 6:10-12	

Week	LEVEL 5 FAITHBUILDERS
1	Fulfilling Your Calling #1—You Are Called To Preach The Gospel #2—Playing Your Part God Is Always Faithful #1—God Is ALWAYS Faithful
2	#2—God Will Do What He Said #3—The Oldest Tricks In The Book #4—Forever Settled
3	#5—Judging God #6—Jesus Is ALWAYS Always #7—Declare God's Faithfulness
4	#8—God Is Faithful In The Minor Key Planting a More Fruitful Life #1—Take Responsibility #2—Where'd That Come From?
5	#3—God Sees #4—The Right Seed #5—Sow To The Spirit
6	#6—Key To The Next Level #7—It's Harvest Time! #8—Reaping Your Harvest

LEVEL 5 MEMORY VERSES		
Week 1	1 Peter 4:8-10	
Week 2	Matthew 23:11-12; Proverbs 29:25	
Week 3	Jeremiah 29:11; Matthew 6:33	
Week 4	Philippians 2:14; Hebrews 4:12-13	
Week 5	2 Timothy 4:1-2	
Week 6	Luke 9:23-24	



T4T EVANGELISM

T4T EVANGELISM GOD'S PLAN OF SALVATION

1. Everything was perfect. (Genesis 1:1)

God created us because He wanted to have a special relationship with us. He also created this beautiful world for us with air to breathe, food to eat, water to drink and many other things we take for granted. Everything was perfect, and God wanted it to stay that way.

2. So what happened? (Romans 5:12)

Even though God warned the first man and woman that sin would cause death, they still sinned. Sin not only separated them from God, it passed down to every other human being; and everyone continued to sin. All of the problems we face today—including sickness, poverty, fear, depression, brokenness, pain and death—came as a result of sin.

3. Why do people keep sinning? (1 John 5:19)

There is a wicked spirit named Satan, who is also called the devil. Since the first man and woman, he has been deceiving human beings and influencing them to sin. He knows that through sin, he can control them, and cause more and more damage to their lives.

4. What will God do to Satan for deceiving us? (Revelation 20:10)

Because God loved us so much, He promised to judge the devil and to cast him into the lake of fire. The lake of fire was created to be a place of punishment and torment forever.

5. What will happen to the people who are deceived by him? (Revelation 20:14-15)

The lake of fire—for human beings—is called the second death. After you die physically, you will spend eternity in one of two places: in heaven with God, or in hell, the lake of fire. When sin separated us from God, hell became the destiny of every human being.

T4T EVANGELISM GOD'S PLAN OF SALVATION (CONT.)

6. What did God do and why? (John 3:16)

Because God loved us so much, and didn't want anyone to go to hell, He sent His only Son, Jesus, to save us. Jesus loved us so much that He willingly came and died to pay for all of our sins—past, present and future. Now, if anyone puts their trust in Jesus and what He has done for them, they no longer have to pay for their sins or be punished.

7. Salvation is free. (Ephesians 2:8-9)

Because Jesus died to pay for all of our sins, salvation is completely free. There is nothing we can do to earn salvation or forgiveness from God. In fact, Romans 4:4-5 says that anyone who tries to earn their salvation by being good enough will still owe their debt of sin. So if someone says, "I think I'll go to heaven because I'm a pretty good person," they are trusting in their own works instead of trusting what Jesus did. Salvation is only available by God's grace through our faith—we simply believe and receive.

8. How do we receive salvation? (Romans 10:9)

When we hear the good news about Jesus, it brings faith to our hearts. We begin to believe that God really does love us, and that Jesus came to save us. Then, if we act on our faith by confessing that Jesus is Lord, we are saved. By declaring Jesus as our Savior and Lord, we are choosing to turn away from our old life of sin to follow Him. Would you like to pray to make Jesus Christ your Lord right now? If so, you may use the prayer below. There's nothing magical in the words, but if you believe it in your heart, God will hear you and welcome you into His family. If you'd like, you can repeat after me (pause after each comma and period):

"Dear God, I know I have sinned, and that my sin has separated me from You. I am truly sorry. Please forgive me and save me. I believe that Your Son, Jesus, died for my sins, and was raised from the dead, and is alive today. I receive Jesus as my Savior and Lord. Please fill me with the Holy Spirit, and help me to obey You for the rest of my life. My life belongs to You now. In Jesus' name, Amen."

T4T EVANGELISM

GOD'S PLAN OF SALVATION (CONT.)

9. New life in Jesus Christ. (2 Corinthians 5:17)

Here are some of the changes you can expect to experience in your new life.

- Inner peace
- Awareness of God's love
- Desire to read the Bible
- Awareness of sin
- Ability to overcome sin
- Concern for others
- A feeling that my life is moving in the right direction

10. So what's the first thing Jesus commanded new believers to do? (Mark 16:15-16)

Jesus commanded us to baptize new believers in water. When you come to be baptized, you are publicly declaring that a change has occurred. When we lower you down (immerse you) into the water, you are saying, "My life of sin is dead; bury it!" (the water represents the ground). When we raise you up out of the water, you are saying, "I have a brand new life in Jesus Christ." And when you feel the water washing over you, remember that God wanted you to experience on the outside what happened on the inside—He washed all of your sins away.

11. So what's next? (Matthew 28:19-20)

Jesus also commanded us to disciple every new believer. Discipleship includes teaching, training and encouragement. From the earliest days of the Church, believers have met in both large and small gatherings for discipleship. Though there are many terms, we often refer to these gatherings as "going to church." Being part of a discipleship-oriented congregation is God's will for everyone. This will help you grow spiritually and become the person God created you to be. If you don't have a church home, I would like to invite you to mine.

12. Please fill in your spiritual "birth certificate."

On	(date), I made Jesus Christ the Lord of my life.
He forgave m	ny sin, gave me a fresh start and a new direction.
Now I am a cl	hild of God and a new creation. I have a brand new
life. I'll remem	ber this day for the rest of my life.
	Signature:

T4T EVANGELISM OSL & T4T

It all began with a word from God.

In January 1999, God spoke clearly to Jerry Dirmann, "I want you to plant a church this year." God revealed many aspects of this new church, including how it would experience healings, miracles and extraordinary growth. The Rock celebrated its Grand Opening in April 2000.

By 2003, the Lord impressed Jerry to disciple his congregants using a modified version of a youth discipleship program he had written years earlier. Jerry called this new version, "Operation Solid Lives" (OSL). While OSL started out slowly, by 2004 it had exploded. Many were experiencing personal life change, causing them to invite others to join discipleship. In 2008, OSL began to spread to other churches throughout the United States and Internationally.

By 2012, over 5,000 people had graduated from Level 1 of OSL at The Rock, which had now grown to seven congregations on four campuses in three languages. In January 2012, Jerry and The Rock leadership also launched Rock Groups (home groups) for the first time in the church's history. Soon Jerry began to feel impressed to modify OSL again, to be used by Rock Group leaders in homes. Jerry and the leadership team knew that the Lord had once again shown them how to go to a new level—to reach and disciple people all around the world.

During this same time, one of Jerry's Bible college professors, Dr. John Amstutz, an author and researcher of church planting and discipleship movements around the world, had heard testimonies of how many people were discipled through OSL. He wanted to discover what methods were proving to be effective in a U.S. church. During a meeting with Jerry, Dr. Amstutz shared numerous powerful testimonies of discipleship and church planting movements. Over the next few months, one particular story and movement seemed to be permanently lodged in Jerry's heart—the story of Ying Kai and T4T. Jerry knew that T4T had something that OSL lacked: a simple evangelism and church planting system. After months of studying T4T, beta testing and prayerful revisions, the T4T principles were effectively integrated into both OSL and Rock Groups in May 2013. There is great anticipation of growth and discipleship around the world because of this revision.

T4T EVANGELISM THE YING KAI STORY

T4T grew out of the ministry of a Chinese American missionary working in Asia named Ying Kai.

In the year 2000, Ying Kai was pastor of a church in Asia when God began to burden his heart to see the countless millions of Chinese outside his church come to faith in Christ. In addition to pastoring, Ying had already been starting a new church every year for several years, but his restless heart knew that this was simply not enough to reach the millions of lost people living and dying all around him every day.

One day, as Ying was praying, the Holy Spirit seemed to say to him, "Ying, what is better than planting a church?" Ying could not imagine, until the Spirit seemed to whisper, "Training others to plant churches." Ying was immediately encouraged. He knew he could train 10-20 new church planters each year, and each of them could start a new church. Before he finished his prayer though, the Holy Spirit seemed to pose a second question, "Ying, what is better than training others to plant churches?" Ying was at a loss. What could be better? Then the Spirit replied, "Training others to train others to plant churches!" Ying left this time of prayer filled with a desire to obey the Spirit's leading, and to begin what he called "Training for Trainers," or T4T.

Ying began with about 30 men and women, laypersons in a local church, sharing with them what he thought was an ambitious vision to see 200 churches planted over the next three years.

As Ying attempted to teach them how to win lost persons to Christ and plant new churches, he kept hearing the same pattern of objections. Ying realized that these typical Christian men and women had four questions or challenges that kept them from being effective partners in winning the lost to Christ and planting new, reproducing churches.

As Ying started addressing these four questions, he watched as God began transforming average Christian men and women into confident and competent partners in multiplying new believers and churches across the province.

T4T EVANGELISM THE YING KAI STORY (CONT.)

Within a few short weeks, Ying's trainees had started 20 small groups that were already becoming new churches. Seven months later, Ying could count 327 small groups formed with 4,000 newly baptized believers.

In only seven months, God had already surpassed Ying's vision of 200 churches in three years!

By the end of the first year, the movement counted 908 house churches with more than 12,000 newly baptized members. The following year saw 3,535 new churches formed with more than 50,000 baptisms.

Despite persecution, disease epidemics and many spiritual attacks, the movement has continued its remarkable growth. By 2008, researchers report nearly two million baptisms have taken place in less than a decade, and more than 80,000 new churches have been started.

To understand how the gospel spread so rapidly through this movement, we need to look more closely at the four questions.

T4T EVANGELISM THE 4 QUESTIONS

These questions are fundamental to every Christian who desires to carry out the great commission to reach unbelievers for Christ:

Question #1: What do I say?
Answer:
Question #2: Who do I say it to?
Answer:
Question #3: Why would I do this?
Answer:
Question #4: What do I do if they say "yes" to Jesus?
Answer:

T4T EVANGELISM WRITING YOUR STORY

- 1. On a sheet of paper, write your story in three parts.
 - Your life before Jesus
 - How you met Jesus
 - Your life since meeting Jesus
- 2. Try to remove or avoid religious vocabulary that your non-Christian friends might have trouble understanding.
- 3. Keep your story short, no more than one to two minutes in length.
- 4. Memorize your story. An easy way to do this is to close your eyes and recite your story three times.
- 5. Ask three Christian friends to listen to your story. Invite them to give you feedback on how to improve it. See if you can do it better each time.

Mu	Story
7	
Grow	ing up, I was told I would never amount to
anythi	ing. Unfortunately I believed this and it caused
me to	make some very poor choices.
A frie	end in college told me that God loved me and ha
a plan	for my life. I accepted Jesus as my Savior ac
a beac	th bonfire.
Life n	now is better than I could have ever im
	e peace, joy and confidence!
	. ,

T4T EVANGELISM WRITE YOUR STORY

T4T EVANGELISM WRITE YOUR STORY (CONT.)

T4T EVANGELISM FREQUENTLY ASKED QUESTIONS

What if I've been a believer for a long time?

People who have been believers for a long time sometimes struggle to come up with a personal story of life change. "I was only seven years old! I don't even remember my life before Jesus." Don't worry. The changes Jesus makes in our lives are not limited to our initial salvation experience. Consider how Christ might have helped you overcome loneliness, a bad temper or lack of purpose.

Anticipate questions you are often asked by persons who need to hear your story. This can lead to an opportunity to share your story. For example: "There was a time when I could not imagine not drinking alcohol, but then something happened that changed everything ..." Your simple story can help you begin your conversation about Jesus and identify persons who are seeking a connection to God.

How do I get people to listen to the gospel?

Remember what Jesus taught us in the story of the lost sheep. The Good Shepherd left behind the 99 and went to find the one that was lost. When He found it, He did not say, "Hello little sheep, would you like to follow Me back to the fold?" No! The Good Shepherd grabbed the little sheep and put it on His shoulder and carried it back to the sheepfold. We must be equally bold when we share our story and share the gospel. Do not quickly take "no" for an answer.

After someone has listened to your story of how Jesus has changed your life, they have yet to hear and respond to the gospel. So this is the time to share it with them. In fact, use "God's Plan of Salvation" even if the person says "no" or "not yet" to your story. This is a perfect follow up to a person telling their story. If someone says, "No, I don't think I want Jesus in my life," You can reply, "That's okay, let me just show you what I am studying." Then begin to walk them through "God's Plan of Salvation." Sometimes, after they have actually heard what the Bible says about salvation, they will interrupt and say, "I do want that!"



BIBLE READING & JOURNALING

3 STEPS TO

BIBLE READING & JOURNALING

Step 1

Find today's scheduled Bible reading chapters on your level-specific reading plan located on pages 53-66. Turn to the chapter(s) in your Bible, asking God to speak to you through His Word and by His Spirit.

Step 2

While reading the passages from your selected daily Bible reading plan, underline key words or verses through which God is speaking to you. You'll know them because God will cause them to catch your attention, and He'll show you how to apply them to your life.

Step 3

After reading, capture what God is saying to you by journaling. On a blank page of your notebook or journal, write the acronym "SOAP" as an acrostic on the left side of the paper, leaving a few blank lines between each letter. Please see the example on the next page.

- **S** stands for **Scripture**—this is where you will write the verse(s) through which Jesus is (or may be) speaking.
- • stands for **Observation**—write the truth or insight you see in the verse(s).
- A stands for Application—write how the truth or insight applies to your life.
- **P** stands for **Prayer**—write a prayer/response to God.

Date your journal entry.

Create a title.

3 Steps to a Solid Life

1/6

5" But why do you call Me 'Lord, Lord' and not do the things which I say? Whoever comes to Me, and hears... and does... He is like a man... who dug deep and laid the foundation on the rock... and the flood... could not shake it..." Luke 6:46-49

Desus explains that there are three steps to becoming a solid life i) come to Him, 2) hear His sayings, and 3) do them. The person who "hears," but doesn't "do," is as vulnerable to life's storms as a house with no foundation.

A I need to come to Jesus, not just for salvation, but often, through reading my Bible, prayer, attending church, and listening to other teachings so that I continually hear His sayings. I need to join an accountability group to be encouraged and held accountable to "do" what I am hearing.

P Father, I commit to read my Bible & journal everyday. I choose to attend church regularly and listen attentively. Help me to connect with a group of guys that I can really talk to and who will hold me accountable for what Jesus says to me. In Jesus' name, Amen.

page 8

Write the page number.

SOLID LIFE **READING PLANS**

	3. O	NE-TWO READING PLAN (OT once and NT	twice)
2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)
1 Jan	☐ Luke 1	☐ Gen 1	☐ Jude
2 Jan	☐ Luke 2	☐ Gen 2-3	☐ Rev 1
3 Jan	☐ Luke 3	☐ Gen 4-5	☐ Rev 2
4 Jan	☐ Luke 4	☐ Gen 6-8	
5 Jan	☐ Luke 5	☐ Gen 9-10	☐ Rev 3
6 Jan	☐ Luke 6	☐ Job 1-2	☐ Rev 4
7 Jan	☐ Luke 7	☐ Job 3-4	☐ Rev 5
8 Jan	☐ Luke 8	□ Job 5-6	
9 Jan	☐ Luke 9	☐ Job 7-8	
10 Jan	☐ Luke 10	☐ Job 9-10	☐ Rev 6
11 Jan	☐ Luke 11	☐ Job 11-12	☐ Rev 7
12 Jan	☐ Luke 12	☐ Job 13-14	
13 Jan	☐ Luke 13	☐ Job 15-16	☐ Rev 8
14 Jan	☐ Luke 14	☐ Job 17-19	☐ Rev 9
15 Jan	☐ Luke 15	☐ Job 20-21	☐ Rev 10
16 Jan	☐ Luke 16	☐ Job 22-23	☐ Rev 11
17 Jan	☐ Luke 17	☐ Job 24-26	☐ Rev 12
18 Jan	☐ Luke 18	☐ Job 27-28	☐ Rev 13
19 Jan	☐ Luke 19	☐ Job 29, Psalm 121	☐ Rev 14
20 Jan	☐ Luke 20	☐ Job 30-31	☐ Rev 15
21 Jan	☐ Luke 21	☐ Job 32-33	☐ Rev 16
22 Jan	☐ Luke 22	☐ Job 34	
23 Jan	☐ Luke 23	☐ Job 35, Psalm 6	☐ Rev 17
24 Jan	☐ Luke 24	☐ Job 36	☐ Rev 18
25 Jan	☐ Acts 1	☐ Job 37-38	☐ Rev 19
26 Jan	☐ Acts 2	☐ Job 39-40	
27 Jan	☐ Acts 3	☐ Job 41-42, Gen 11	☐ Rev 20

3. ONE-TWO READING PLAN (OT once and NT twice)					
	2. SOLID LIFE READING PLAN (whole Bible)				
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)		
28 Jan	☐ Acts 4	☐ Gen 12-14	☐ Rev 21		
29 Jan	☐ Acts 5	☐ Gen 15-17	☐ Rev 22		
30 Jan	☐ Acts 6	☐ Gen 18-19, Psalm 61	☐ Matt 1		
31 Jan	☐ Acts 7	☐ Gen 20-21	☐ Matt 2		
1 Feb	☐ Acts 8	☐ Gen 22-23	☐ Matt 3		
2 Feb	☐ Acts 9	☐ Gen 24	☐ Matt 4		
3 Feb	☐ Acts 10	☐ Gen 25-26			
4 Feb	☐ Acts 11	☐ Gen 27-28	☐ Matt 5		
5 Feb	☐ Acts 12	☐ Gen 29-30	☐ Matt 6		
6 Feb	☐ Acts 13	☐ Gen 31	☐ Matt 7		
7 Feb	☐ Acts 14	☐ Gen 32-33	☐ Matt 8		
8 Feb	☐ Acts 15	☐ Gen 34-35	☐ Matt 9		
9 Feb	☐ Acts 16	☐ Gen 36	☐ Matt 10		
10 Feb	☐ Acts 17	☐ Gen 37-38	☐ Matt 11		
11 Feb	☐ Acts 18	☐ Gen 39-40	☐ Matt 12		
12 Feb	☐ Acts 19	☐ Gen 41	☐ Matt 13		
13 Feb	☐ Acts 20	☐ Gen 42-43			
14 Feb	☐ Acts 21	☐ Gen 44-45	☐ Matt 14		
15 Feb	☐ Acts 22	☐ Gen 46-47	☐ Matt 15		
16 Feb	☐ Acts 23	☐ Gen 48-49	☐ Matt 16		
17 Feb	☐ Acts 24	☐ Gen 50, Ex 1, Psalm 140	☐ Matt 17		
18 Feb	☐ Acts 25	□ Ex 2-3	☐ Matt 18		
19 Feb	☐ Acts 26	□ Ex 4-5	☐ Matt 19		
20 Feb	☐ Acts 27	□ Ex 6-7	☐ Matt 20		
21 Feb	☐ Acts 28	□ Ex 8-9	☐ Matt 21		
22 Feb	☐ Rom 1	☐ Ex 10-11, Psalm 31	☐ Matt 22		
23 Feb	□ Rom 2	□ Ex 12-13			

	3.0	NE-TWO READING PLAN (OT once and NT	twice)	
	2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
24 Feb	☐ Rom 3	□ Ex 14-15	☐ Matt 23	
25 Feb	☐ Rom 4	☐ Ex 16-17, Psalm 24	☐ Matt 24	
26 Feb	☐ Rom 5	☐ Ex 18-19, Psalm 19	☐ Matt 25	
27 Feb	☐ Rom 6	☐ Ex 20, Psalm 119:1-48	☐ Matt 26	
28 Feb	□ Rom 7	□ Ex 21, Psalm 119:49-96		
1 Mar	☐ Rom 8	☐ Ex 22, Psalm 119:97-136		
2 Mar	☐ Rom 9	□ Ex 23, Psalm 119:137-176		
3 Mar	☐ Rom 10	☐ Ex 24-25, Psalm 129	☐ Matt 27	
4 Mar	☐ Rom 11	□ Ex 26-27	☐ Matt 28	
5 Mar	☐ Rom 12	□ Ex 28-29		
6 Mar	☐ Rom 13	☐ Ex 30-31, Psalm 132		
7 Mar	□ Rom 14	☐ Ex 32-33, Psalm 1		
8 Mar	☐ Rom 15	□ Ex 34-35		
9 Mar	☐ Rom 16	□ Ex 36-37		
10 Mar	☐ John 1	□ Ex 38-39		
11 Mar	☐ John 2	☐ Ex 40, Lev 1		
12 Mar	☐ John 3	□ Lev 2-4		
13 Mar	☐ John 4	☐ Lev 5-6		
14 Mar	☐ John 5	☐ Lev 7-8		
15 Mar	☐ John 6	☐ Lev 9-10		
16 Mar	☐ John 7	☐ Lev 11-12		
17 Mar	☐ John 8	☐ Lev 13		
18 Mar	☐ John 9	☐ Lev 14		
19 Mar	☐ John 10	☐ Lev 15, Psalm 103		
20 Mar	☐ John 11	☐ Lev 16-17		
21 Mar	☐ John 12	☐ Lev 18-19		
22 Mar	☐ John 13	☐ Lev 20-21		

3. ONE-TWO READING PLAN (OT once and NT twice)				
	1. NEW TESTAMENT	FE READING PLAN (whole Bible) (two columns)	(all those are always a)	
Date	READING PLAN		(all three columns)	
23 Mar	John 14	□ Lev 22-23		
24 Mar	☐ John 15	☐ Lev 24-25		
25 Mar	☐ John 16	☐ Lev 26, Psalm 12		
26 Mar	☐ John 17	☐ Lev 27, Psalm 136		
27 Mar	☐ John 18	□ Num 1		
28 Mar	☐ John 19	☐ Num 2, Psalm 46		
29 Mar	☐ John 20	☐ Num 3, Psalm 67		
30 Mar	☐ John 21	□ Num 4, Psalm 21		
31 Mar	□ 1 Cor 1	□ Num 5-6		
1 Apr	□ 1 Cor 2	□ Num 7		
2 Apr	□ 1 Cor 3	☐ Num 8-10		
3 Apr	□ 1 Cor 4	☐ Num 11-12, Psalm 148	☐ Mark 1	
4 Apr	□ 1 Cor 5	☐ Num 13-14, Psalm 81		
5 Apr	☐ 1 Cor 6	☐ Num 15, Psalm 90	☐ Mark 2	
6 Apr	☐ 1 Cor 7	□ Num 16		
7 Apr	☐ 1 Cor 8	☐ Num 17-18, Psalm 73	☐ Mark 3	
8 Apr	☐ 1 Cor 9	☐ Num 19-20, Psalm 47	☐ Mark 4	
9 Apr	☐ 1 Cor 10	☐ Num 21, Psalm 49		
10 Apr	☐ 1 Cor 11	☐ Num 22, Psalm 84	☐ Mark 5	
11 Apr	☐ 1 Cor 12	☐ Num 23-24	☐ Mark 6	
12 Apr	☐ 1 Cor 13	□ Num 25-26		
13 Apr	☐ 1 Cor 14	□ Num 27-28		
14 Apr	☐ 1 Cor 15	□ Num 29		
15 Apr	☐ 1 Cor 16	☐ Num 30-31		
16 Apr	□ 2 Cor 1	☐ Num 32, Psalm 74		
17 Apr	□ 2 Cor 2	☐ Num 33, Psalm 65	☐ Mark 7	
18 Apr	□ 2 Cor 3	□ Num 34-36		

	3. 0	NE-TWO READING PLAN (OT once and NT	twice)
		FE READING PLAN (whole Bible)	
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)
19 Apr	□ 2 Cor 4	☐ Deut 1-2	
20 Apr	□ 2 Cor 5	☐ Deut 3-4	
21 Apr	□ 2 Cor 6	☐ Deut 5-6, Psalm 64	☐ Mark 8
22 Apr	□ 2 Cor 7	☐ Deut 7-8, Psalm 139	☐ Mark 9
23 Apr	□ 2 Cor 8	☐ Deut 9-10, Psalm 143	☐ Mark 10
24 Apr	□ 2 Cor 9	☐ Deut 11-13	
25 Apr	□ 2 Cor 10	☐ Deut 14-15, Psalm 88	
26 Apr	□ 2 Cor 11	☐ Deut 16-17, Psalm 2	☐ Mark 11
27 Apr	□ 2 Cor 12	☐ Deut 18-20	☐ Mark 12
28 Apr	□ 2 Cor 13	☐ Deut 21–22, Psalm 145	
29 Apr	☐ Gal 1	☐ Deut 23-24, Psalm 91	☐ Mark 13
30 Apr	☐ Gal 2	☐ Deut 25-27	☐ Mark 14
1 May	☐ Gal 3	☐ Deut 28	
2 May	☐ Gal 4	☐ Deut 29-30, Psalm 15	☐ Mark 15
3 May	☐ Gal 5	☐ Deut 31-32	
4 May	☐ Gal 6	☐ Deut 33-34, Psalm 94	
5 May	☐ Eph 1	☐ Josh 1-3	
6 May	☐ Eph 2	☐ Josh 4-5, Psalm 71	☐ Mark 16
7 May	☐ Eph 3	☐ Josh 6-7	
8 May	☐ Eph 4	☐ Josh 8-9	
9 May	☐ Eph 5	☐ Josh 10-11	
10 May	☐ Eph 6	☐ Josh 12-13	
11 May	☐ Phil 1	☐ Josh 14-15	
12 May	☐ Phil 2	☐ Josh 16-18	
13 May	☐ Phil 3	☐ Josh 19-20, Psalm 53	
14 May	☐ Phil 4	☐ Josh 21-22	
15 May	☐ Col 1	☐ Josh 23-24, Psalm 99	

	3. ONE-TWO READING PLAN (OT once and NT twice)			
	2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
16 May	☐ Col 2	☐ Judg 1-2, Psalm 133		
17 May	☐ Col 3	☐ Judg 3-4, Psalm 14		
18 May	□ Col 4	☐ Judg 5-6		
19 May	□ 1 Th 1-2	☐ Judg 7-8		
20 May	□ 1Th 3-4	☐ Judg 9-10		
21 May	□ 1 Th 5	☐ Judg 11-13		
22 May	□ 2 Th 1-2	☐ Judg 14-17		
23 May	□ 2 Th 3	☐ Judg 18-20		
24 May	☐ Matt 1	☐ Judg 21, Ruth 1-2		
25 May	☐ Matt 2	☐ Ruth 3-4, Psalm 68		
26 May	☐ Matt 3	☐ 1 Sam 1-3		
27 May	☐ Matt 4	☐ 1 Sam 4-7		
28 May	☐ Matt 5	☐ 1 Sam 8-9		
29 May	☐ Matt 6	☐ 1 Sam 10-12		
30 May	☐ Matt 7	☐ 1 Sam 13-14		
31 May	☐ Matt 8	☐ 1 Sam 15-16		
1 Jun	☐ Matt 9	☐ 1 Sam 17, Psalm 144		
2 Jun	☐ Matt 10	☐ 1 Sam 18-19, Psalm 59		
3 Jun	☐ Matt 11	☐ 1 Sam 20, Psalm 83		
4 Jun	☐ Matt 12	☐ 1 Sam 21, Psalm 34, 56		
5 Jun	☐ Matt 13	☐ 1 Sam 22, Psalm 52, 57, 63, 142		
6 Jun	☐ Matt 14	☐ 1 Sam 23-24, Psalm 54		
7 Jun	☐ Matt 15	□ 1 Chr 1		
8 Jun	☐ Matt 16	☐ 1 Chr 2, Psalm 87		
9 Jun	☐ Matt 17	☐ 1 Sam 25, 1 Chr 3		
10 Jun	☐ Matt 18	☐ 1 Sam 26, 1 Chr 4		
11 Jun	☐ Matt 19	☐ 1 Sam 27-28, 1 Chr 5		

	3. O	NE-TWO READING PLAN (OT once and NT	twice)	
	2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
12 Jun	☐ Matt 20	□ 1 Chr 6		
13 Jun	☐ Matt 21	☐ 1 Sam 29, 1 Chr 7		
14 Jun	☐ Matt 22	☐ 1 Chr 8, 1 Sam 30		
15 Jun	☐ Matt 23	☐ 1 Chr 9-10, 1 Sam 31		
16 Jun	☐ Matt 24	☐ 2 Sam 1, Psalm 85		
17 Jun	☐ Matt 25	☐ 2 Sam 2, 1 Chr 11		
18 Jun	☐ Matt 26	□ 2 Sam 3		
19 Jun	☐ Matt 27	☐ 2 Sam 4, Psalm 22		
20 Jun	☐ Matt 28	☐ 1 Chr 12, Psalm 37		
21 Jun	□ 1 Tim 1	☐ 2 Sam 5, 1 Chr 13-14, Psalm 30	☐ Luke 1	
22 Jun	□ 1 Tim 2-3	☐ 2 Sam 6, 1 Chr 15, Psalm 122		
23 Jun	□ 1 Tim 4	☐ 1 Chr 16, Psalm 105		
24 Jun	□ 1 Tim 5	☐ 2 Sam 7, 1 Chr 17, Psalm 23		
25 Jun	□ 1 Tim 6	☐ 2 Sam 8-9, 1 Chr 18, Psalm 60		
26 Jun	□ 2 Tim 1	2 Sam 10, 1 Chr 19-20, Psalm 107		
27 Jun	□ 2 Tim 2	☐ 2 Sam 11-12, Psalm 51		
28 Jun	□ 2 Tim 3	□ 2 Sam 13-14	☐ Luke 2	
29 Jun	□ 2 Tim 4	☐ 2 Sam 15, Psalm 3, 89		
30 Jun	☐ Titus 1	☐ 2 Sam 16-18, Psalm 7, 41		
1 Jul	☐ Titus 2	□ 2 Sam 19-21		
2 Jul	☐ Titus 3	☐ 2 Sam 22, Psalm 18		
3 Jul	☐ Philemon	☐ 2 Sam 23-24, 1 Chr 21		
4 Jul	☐ Heb1	☐ 1 Chr 22-24		
5 Jul	☐ Heb 2	☐ 1 Chr 25-26, Psalm 62	☐ Luke 3	
6 Jul	☐ Heb 3	☐ 1 Kg 1, 1 Chr 27		
7 Jul	☐ Heb 4	☐ 1 Kg 2, 1 Chr 28-29		
8 Jul	☐ Heb 5	☐ 1 Kg 3, 2 Chr 1, Psalm 72	☐ Luke 4	

3. ONE-TWO READING PLAN (OT once and NT twice)			
	2. SOLID LIFE READING PLAN (whole Bible)		
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)
9 Jul	☐ Heb 6	☐ 1 Kg 4, Psalm 9	☐ Luke 5
10 Jul	☐ Heb 7	☐ 1 Kg 5-6, 2 Chr 2-3	
11 Jul	☐ Heb 8	☐ 1 Kg 7, 2 Chr 4	☐ Luke 6
12 Jul	☐ Heb 9	☐ 1 Kg 8, 2 Chr 5	
13 Jul	☐ Heb 10	☐ 2 Chr 6-7, Psalm 127	
14 Jul	☐ Heb 11	☐ 1 Kg 9, 2 Chr 8	☐ Luke 7
15 Jul	☐ Heb 12	☐ 1 Kg 10, 2 Chr 9	
16 Jul	☐ Heb 13	☐ Prov 1-2, Psalm 128	☐ Luke 8
17 Jul	☐ James 1	☐ Prov 3-4	
18 Jul	☐ James 2	☐ Prov 5-6	☐ Luke 9
19 Jul	☐ James 3	☐ Prov 7-8, Psalm 123	☐ Luke 10
20 Jul	☐ James 4	☐ Prov 9-11	
21 Jul	☐ James 5	☐ Prov 12-13, Psalm 149	☐ Luke 11
22 Jul	☐ 1 Pet 1	☐ Prov 14-15	
23 Jul	☐ 1 Pet 2	☐ Prov 16-17	☐ Luke 12
24 Jul	☐ 1 Pet 3	☐ Prov 18-19, Psalm 16	☐ Luke 13
25 Jul	☐ 1 Pet 4	☐ Prov 20-21, Psalm 11	
26 Jul	☐ 1 Pet 5	☐ Prov 22-23, Psalm 101	☐ Luke 14
27 Jul	☐ 2 Pet 1	☐ Prov 24-25	☐ Luke 15
28 Jul	☐ 2 Pet 2	☐ Prov 26-27, Psalm 98	
29 Jul	□ 2 Pet 3	☐ Prov 28-29, Psalm 48	
30 Jul	☐ 1 John 1	☐ Prov 30-31, Psalm 96	
31 Jul	☐ 1 John 2	□ Song 1-4	
1 Aug	☐ 1 John 3	☐ Song 5-8, Psalm 13	
2 Aug	☐ 1 John 4	☐ 1 Kg 11, Eccl 1	☐ Luke 16
3 Aug	☐ 1 John 5	☐ Eccl 2-4	☐ Luke 17
4 Aug	☐ 2 John, 3 John	□ Eccl 5-7	

	3. ONE-TWO READING PLAN (OT once and NT twice)			
2. SOLID LIFE READING PLAN (whole Bible)				
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
5 Aug	☐ Jude	☐ Eccl 8-10, Psalm 150	☐ Luke 18	
6 Aug	☐ Rev 1	☐ Eccl 11-12, Psalm 106		
7 Aug	☐ Rev 2	☐ 1 Kg 12, 2 Chr 10, Psalm 125	☐ Luke 19	
8 Aug	☐ Rev 3	☐ 1 Kg 13, 2 Chr 11, Psalm 130	☐ Luke 20	
9 Aug	☐ Rev 4-5	☐ 1 Kg 14, 2 Chr 12-13		
10 Aug	☐ Rev 6	□ 1 Kg 15, 2 Chr 14-16		
11 Aug	☐ Rev 7	☐ 1 Kg 16-17, Psalm 76	☐ Luke 21	
12 Aug	☐ Rev 8-9	□ 1 Kg 18-19		
13 Aug	☐ Rev 10-11	☐ 1 Kg 20-21		
14 Aug	☐ Rev 12	☐ 1 Kg 22, 2 Chr 17	☐ Luke 22	
15 Aug	☐ Rev 13	☐ 2 Kg 1, 2 Chr 18-19, Psalm 70		
16 Aug	☐ Rev 14	□ 2 Kg 2-4		
17 Aug	☐ Rev 15-16	☐ 2 Kg 5, 2 Chr 20		
18 Aug	☐ Rev 17	☐ 2 Kg 6-7, Psalm 115	☐ Luke 23	
19 Aug	☐ Rev 18	☐ 2 Kg 8, 2 Chr 21, Psalm 27	☐ Luke 24	
20 Aug	☐ Rev 19	□ 2 Kg 9-10		
21 Aug	☐ Rev 20	☐ 2 Chr 22-23, Psalm 69		
22 Aug	☐ Rev 21	☐ 2 Kg 11-12, 2 Chr 24		
23 Aug	☐ Rev 22	☐ Joel 1-3		
24 Aug	☐ Mark 1	☐ Jonah 1–4		
25 Aug	☐ Mark 2	☐ 2 Kg 13, Psalm 104		
26 Aug	☐ Mark 3	☐ 2 Kg 14, 2 Chr 25		
27 Aug	☐ Mark 4	☐ Amos 1-3		
28 Aug	☐ Mark 5	☐ Amos 4-6		
29 Aug	☐ Mark 6	☐ Amos 7-9		
30 Aug	☐ Mark 7	☐ Isa 1-2		
31 Aug	☐ Mark 8	☐ Isa 3-5		

	3. ONE-TWO READING PLAN (OT once and NT twice)			
	2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
1 Sep	☐ Mark 9	☐ 2 Chr 26, Isa 6-7		
2 Sep	☐ Mark 10	☐ 2 Kg 15, 2 Chr 27		
3 Sep	☐ Mark 11	☐ Hos 1–3, Psalm 92		
4 Sep	☐ Mark 12	☐ Hos 4-7		
5 Sep	☐ Mark 13	☐ Hos 8-11		
6 Sep	☐ Mark 14	☐ Hos 12-13		
7 Sep	☐ Mark 15	☐ Hos 14, Micah 1-2, Psalm 29		
8 Sep	☐ Mark 16	☐ Micah 3-4, Psalm 109		
9 Sep	☐ John 1	☐ Micah 5-7		
10 Sep	☐ John 2	☐ Isa 8-9, Psalm 39	□ 1 Cor 1	
11 Sep	☐ John 3	☐ Isa 10-12		
12 Sep	☐ John 4	☐ Isa 13-14		
13 Sep	☐ John 5	☐ Isa 15-17	□ 1 Cor 2	
14 Sep	☐ John 6	☐ Isa 18-19		
15 Sep	☐ John 7	☐ Isa 20-21, Psalm 32	□ 1 Cor 3	
16 Sep	☐ John 8	☐ Isa 22-23		
17 Sep	☐ John 9	☐ Isa 24-25, Psalm 42	☐ 1 Cor 4	
18 Sep	☐ John 10	☐ Isa 26-28		
19 Sep	☐ John 11	☐ Isa 29-30		
20 Sep	☐ John 12	☐ Isa 31-32, Psalm 138	☐ 1 Cor 5	
21 Sep	☐ John 13	☐ Isa 33-34, Psalm 4	☐ 1 Cor 6	
22 Sep	☐ John 14	☐ 2 Kg 16, 2 Chr 28, Psalm 113	☐ 1 Cor 7	
23 Sep	☐ John 15	☐ 2 Kg 17, Isa 35, Psalm 8	☐ 1 Cor 8	
24 Sep	☐ John 16	☐ 2 Kg 18, 2 Chr 29		
25 Sep	☐ John 17	□ 2 Chr 30-31	☐ 1 Cor 9	
26 Sep	☐ John 18	☐ Isa 36-37		
27 Sep	☐ John 19	☐ 2 Kg 19, 2 Chr 32		

	3. 0	NE-TWO READING PLAN (OT once and NT	twice)
2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)
28 Sep	☐ John 20	☐ 2 Kg 20, Isa 38-39, Psalm 134	☐ 1 Cor 10
29 Sep	☐ John 21	☐ Isa 40-41	□ 1 Cor 11
30 Sep	☐ Acts 1	☐ Isa 42-43, Psalm 82	☐ 1 Cor 12
1 Oct	☐ Acts 2	☐ Isa 44-45	
2 Oct	☐ Acts 3	☐ Isa 46-47, Psalm 35	☐ 1 Cor 13
3 Oct	☐ Acts 4	☐ Isa 48-49	□ 1 Cor 14
4 Oct	☐ Acts 5	☐ Isa 50-51, Psalm 58	☐ 1 Cor 15
5 Oct	☐ Acts 6	☐ Isa 52-54, Psalm 102	☐ 1 Cor 16
6 Oct	☐ Acts 7	☐ Isa 55-57	
7 Oct	☐ Acts 8	☐ Isa 58-59, Psalm 5	□ 2 Cor 1
8 Oct	☐ Acts 9	☐ Isa 60-61, Psalm 111	□ 2 Cor 2
9 Oct	☐ Acts 10	☐ Isa 62-64	
10 Oct	☐ Acts 11	☐ Isa 65-66, Psalm 124	□ 2 Cor 3
11 Oct	☐ Acts 12	☐ 2 Kg 21, 2 Chr 33, Psalm 75	□ 2 Cor 4
12 Oct	☐ Acts 13	☐ Nahum 1–3	
13 Oct	☐ Acts 14	☐ 2 Kg 22, 2 Chr 34	
14 Oct	☐ Acts 15	☐ 2 Kg 23, 2 Chr 35	
15 Oct	☐ Acts 16	☐ Hab 1-3	
16 Oct	☐ Acts 17	☐ Zeph 1-3	□ 2 Cor 5
17 Oct	☐ Acts 18	☐ Jer 1-2	
18 Oct	☐ Acts 19	☐ Jer 3-4	
19 Oct	☐ Acts 20	☐ Jer 5-6	
20 Oct	☐ Acts 21	☐ Jer 7-8	
21 Oct	☐ Acts 22	☐ Jer 9-10, Psalm 100	□ 2 Cor 6
22 Oct	☐ Acts 23	☐ Jer 11-12, Psalm 97	□ 2 Cor 7
23 Oct	☐ Acts 24	☐ Jer 13-14, Psalm 141	☐ 2 Cor 8
24 Oct	☐ Acts 25	☐ Jer 15-16, Psalm 10	☐ 2 Cor 9

3. ONE-TWO READING PLAN (OT once and NT twice)				
	2. SOLID LIFE READING PLAN (whole Bible)			
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
25 Oct	☐ Acts 26	☐ Jer 17-18	□ 2 Cor 10	
26 Oct	☐ Acts 27	☐ Jer 19-20, Psalm 146	☐ 2 Cor 11	
27 Oct	☐ Acts 28	☐ 2 Kg 24, Jer 22, Psalm 43	□ 2 Cor 12	
28 Oct	☐ Rom 1	☐ Jer 23, 25		
29 Oct	□ Rom 2	☐ Jer 26, 35-36		
30 Oct	☐ Rom 3	☐ Jer 45-47, Psalm 86	□ 2 Cor 13	
31 Oct	☐ Rom 4	☐ Jer 48-49		
1 Nov	☐ Rom 5	☐ Jer 21, 24, 27, Psalm 33		
2 Nov	☐ Rom 6	☐ Jer 28-29, Psalm 17		
3 Nov	☐ Rom 7	☐ Jer 30-31		
4 Nov	☐ Rom 8	☐ Jer 32-33		
5 Nov	☐ Rom 9	☐ Jer 34, 37-38		
6 Nov	☐ Rom 10	☐ Jer 39, 50	☐ Col 1	
7 Nov	☐ Rom 11	☐ Jer 51		
8 Nov	☐ Rom 12	☐ Jer 52, Ezek 1	☐ Col 2	
9 Nov	☐ Rom 13	☐ Ezek 2-5	☐ Col 3	
10 Nov	☐ Rom 14	☐ Ezek 6-8, Psalm 117	☐ Col 4	
11 Nov	☐ Rom 15	☐ Ezek 9-11		
12 Nov	☐ Rom 16	☐ Ezek 12-14		
13 Nov	☐ Gal 1	☐ Ezek 15-16		
14 Nov	☐ Gal 2	☐ Ezek 17-18, Psalm 20		
15 Nov	☐ Gal 3	☐ Ezek 19-20		
16 Nov	☐ Gal 4	☐ Ezek 21-22		
17 Nov	☐ Gal 5	☐ Ezek 23-24		
18 Nov	☐ Gal 6	☐ Ezek 25-26, Psalm 118	□ 1 Th 1	
19 Nov	□ Eph1	☐ Ezek 27-28	□ 1 Th 2	
20 Nov	☐ Eph 2	☐ Ezek 29-30, Psalm 147	□ 1 Th 3	

SOLID LIFE **READING PLANS (CONT.)**

3. ONE-TWO READING PLAN (OT once and NT twice)				
2. SOLID LIFE READING PLAN (whole Bible)				
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)	
21 Nov	☐ Eph 3	☐ Ezek 31-32, Psalm 45	□ 1 Th 4	
22 Nov	☐ Eph 4	□ 2 Kg 25, 2 Chr 36	□ 1 Th 5	
23 Nov	☐ Eph 5	☐ Jer 40-41, Psalm 38		
24 Nov	☐ Eph 6	☐ Jer 42-44		
25 Nov	□ Phil 1	☐ Lam 1-2, Psalm 79		
26 Nov	☐ Phil 2	☐ Lam 3		
27 Nov	☐ Phil 3	☐ Lam 4-5, Obadiah		
28 Nov	☐ Phil 4	☐ Dan 1-2, Psalm 137		
29 Nov	□ 1 Tim 1	☐ Dan 3-4	□ 2 Th 1	
30 Nov	□ 1 Tim 2	☐ Ezek 33-34, Psalm 114	□ 2 Th 2	
1 Dec	□ 1 Tim 3	☐ Ezek 35-36, Psalm 77	□ 2 Th 3	
2 Dec	□ 1 Tim 4	☐ Ezek 37-38, Psalm 44		
3 Dec	□ 1 Tim 5	☐ Ezek 39-40		
4 Dec	□ 1 Tim 6	☐ Ezek 41-42, Psalm 135		
5 Dec	□ 2 Tim 1	☐ Ezek 43-44, Psalm 112	☐ Titus 1	
6 Dec	□ 2 Tim 2	☐ Ezek 45-46, Psalm 36	☐ Titus 2	
7 Dec	☐ 2 Tim 3	☐ Ezek 47-48, Psalm 26	☐ Titus 3	
8 Dec	□ 2 Tim 4	☐ Dan 5-6, Psalm 131	☐ Philemon	
9 Dec	☐ Heb 1	☐ Dan 7-8, Psalm 116		
10 Dec	☐ Heb 2	☐ Dan 9-10, Psalm 50		
11 Dec	☐ Heb 3	☐ Dan 11-12, Psalm 95		
12 Dec	☐ Heb 4	☐ Ezra 1-2		
13 Dec	☐ Heb 5	☐ Ezra 3-4, Hag 1-2		
14 Dec	☐ Heb 6	☐ Zech 1-3, Psalm 55		
15 Dec	☐ Heb 7	☐ Zech 4-6, Psalm 66	☐ 1 Pet 1	
16 Dec	☐ Heb 8	☐ Zech 7-9, Psalm 25	☐ 1 Pet 2	
17 Dec	☐ Heb 9	☐ Zech 10-12, Psalm 40	☐ 1 Pet 3	

SOLID LIFE **READING PLANS (CONT.)**

	3. ONE-TWO READING PLAN (OT once and NT twice)				
	2. SOLID LIFE READING PLAN (whole Bible)				
Date	1. NEW TESTAMENT READING PLAN	(two columns)	(all three columns)		
18 Dec	☐ Heb 10	☐ Zech 13-14, Psalm 80	☐ 1 Pet 4		
19 Dec	☐ Heb 11	☐ Ezra 5-6, Psalm 110	☐ 1 Pet 5		
20 Dec	☐ Heb 12	☐ Esther 1-2, Psalm 108			
21 Dec	☐ Heb 13	☐ Esther 3-6, Psalm 126			
22 Dec	☐ James 1	☐ Esther 7-10			
23 Dec	☐ James 2	☐ Ezra 7-8			
24 Dec	☐ James 3	☐ Ezra 9-10, Psalm 28	☐ 2 Pet 1		
25 Dec	☐ James 4	☐ Neh 1–3, Psalm 120	☐ 2 Pet 2		
26 Dec	☐ James 5	☐ Neh 4-6, Psalm 93	□ 2 Pet 3		
27 Dec	☐ 1 John 1	☐ Neh 7-8			
28 Dec	☐ 1 John 2	☐ Neh 9-10			
29 Dec	☐ 1 John 3	☐ Neh 11-12			
30 Dec	☐ 1 John 4	☐ Neh 13, Mal 1-2	☐ 2 John		
31 Dec	☐ 1 John 5	☐ Mal 3-4, Psalm 78	☐ 3 John		



APPENDIX

MINISTRY COMMITMENT FORM

Name:

For those attending a different home church, see the back of this form.

Ministry involvement for Levels 1-3 should equal approximately one hour per week and Levels 4 & 5 should equal approximately two hours per week.

Group leader:	Date:	
I serve in the ministry each week.		
Role/Responsibilities are:		
I'm scheduled on		_ (day).
Student signature:		
My ministry leader is		
Ministry leader signature:		

MINISTRY COMMITMENT FORM (CONT.)

For students who attend another home church:

If you attend a different home church, please have your pastor or leader create a letter of ministry involvement including the following information:

- Student's name, position of involvement and weekly duties.
- Name and contact information of the ministry leader.
- Pastor's acknowledgement of your commitment to serve.
- Pastor's commitment to contact your group leader if you do not fulfill your duties (make sure you provide your group leader's contact information).

Please bring it with you to class by the second week.

ROLES & GOALS EXPLANATION

Many Christians know that God has a plan for their lives, but few know the specifics. This assignment will help you learn how to discover God's will for your life season by season, which will increase your ability to please God and fulfill His plan.

God gives each person roles in life. Some are permanent (e.g. being a "Christian"), and some are temporary (e.g. being a "College Student"). And each person plays several roles at the same time (e.g. Christian, husband, employee, friend, etc.). Since God's plan for you includes specific roles for specific seasons, your roles will change or adjust periodically. Assuming or retaining roles that God has not assigned to you this season, or ones that He forbids, will hinder your ability to fulfill God's plan for your life. Many Christians make most of their decisions without consulting God at all. They live life as though God had no plan of His own for them. This inevitably results in displeasing the Lord and an unfulfilled life. But that's not the life you want to live. You want to be pleasing to God in every season.

In Levels 2-5, set aside 2 hours once during the class to pray about your God-given roles. As God reveals (or reaffirms) roles to you, you should write them on a blank piece of paper. You should only include roles that you really believe God is calling you to play in this season; be willing to relinquish roles that He's not currently calling you to play. Don't forget to include a role for your life as a believer (e.g. "Christian" or "Child of God") and "Personal" or "Self" role to care for yourself with things like diet, exercise, learning, etc. Once your list of roles are complete, pray about your roles one by one and ask God to give you a few goals (at least one) for each role, and write them down.

For example:

- 1. Believer: Read my Bible, pray 20 minutes and journal each day.
- 2. Husband: Have a meaningful conversation with my wife each day.
- 3. Father: Be understanding, patient and affectionate to my children.
- 4. Friend: Be accountable to Bob weekly.
- 5. Kids' Church Teacher: Be spiritually prepared to teach the kids each week.
- 6. Employee: Be on time to work every day.
- 7. Self: Go to church each week.

You will be asked to show your completed Roles and Goals page on the week it is due.

STUDENT EVALUATION FORM

Gr	oup leader:				
Dá	nte:	Level:			
Th	ease be honest and specific in answering this will be very helpful in improving future or additional space, write on the back.				
	Name the three most important things the nelpful, or that you learned during the cou				
2.	What, in your opinion, were the greatest s	strengths of this class?			
3.	What things would you like to see chang class to make it more effective?	ed or improved in this			
	Please use the back for additional commease turn this in to your facilitator. Thank y				
, ,,	riease turn tins in to your facilitator. Thank you.				

OPERATION: SOLID LIVES (OSL) is a highly effective, proven system of

discipleship that has been written, tested and refined—time and again for over 20 years—to maximize its ability to impact individuals and accommodate masses of believers who are genuinely hungry for God's word. Virtually anyone with a good attitude and a willing heart may participate and graduate from OSL, including those with limitations or disabilities. It is designed with five levels which build one upon the other to lay a solid biblical foundation. All levels include powerful audio teachings, daily Bible reading and journaling, Scripture memorization and other key disciplines. Churches of various sizes, cultures and locations are excitedly reporting both spiritual and numerical growth as a result of using OSL.



"I have struggled with acceptance my whole life. I can honestly say I am now delivered from lust and fear and now understand the love and acceptance of my Lord and Father." Anaheim, California

"OSL helped me to hear God's voice."

Colombo Sri Lanka

"OSL gave me a whole new understanding ... I am pure and perfect in God's eyes and that's what matters. Now I am healed and I can help to heal others."

Las Vegas, Nevada

"Upon attending this OSL program ... I didn't read my Bible. Now, reading God's word has given me a lot of excitement and joy."

Cebu, Philippines

"I've been serving an addiction to heroine for 15 years and was super close to death ... but I now have revelation of who I am in Christ. I am healed and set free from addiction and sadness forever."

Anaheim, California



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